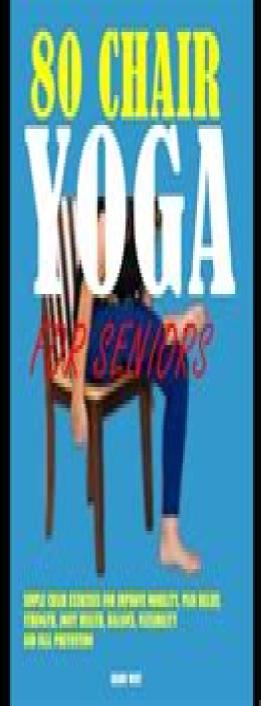


Chair Yoga For Healthy Aging









# **Yoga For Beginners Streaming Top Shows 2025**

SJ Ball

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