

Bacon's SAFETY TIPS

FALL CLEARANCE

Keeping the Splat out of Fall Protection



Before you rely on a **Personal Fall Arrest System**, make sure you know the **Required Fall Clearance Distance**:

TD

Total Distance from anchor to nearest obstruction.

RD

Required Distance must be less than TD or Splat Happens.

LL

Length of Lanyard that is being used.

DD

Deceleration Distance is the elongation of the deceleration device when deployed.
(customary to use 3.5 feet when calculation)

HH

Height of Suspended Worker is the distance from the workers feet to D-Ring.
(take into account worker's height as well)

C

Safety Factor is the distance from obstruction after a fall. You must include 1.5 feet for required clearance and an additional 1 foot for D-Ring Movement and material stretch, totaling 2.5 feet.

Here's How to Calculate Fall Clearance:

$$LL + DD (3.5 \text{ ft}) + HH + C (2.5 \text{ ft}) = RD$$

(RD must be less than TD)

In order for Self-Retracting Lifelines to meet ANSI requirements, SRLs must activate and stop within 4.5 feet. There are always variables that need to be taken into consideration such as free fall distance, deceleration distance, Back D-Ring height and D-Ring shift.

Don't take chances!

Always survey the risks & make sure you have the right equipment for the job !



**Quad City
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Need a safety consultation on fall protection?

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Fall Clearance Tips Tutorial

**Judith E. Tintinalli, O. John Ma, Donald
Yealy, Garth D. Meckler, J. Stephan
Stapczynski, David M. Cline, Stephen H.
Thomas**

Fall Clearance Tips Tutorial:

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systematic steps combine to produce successful designs Advanced Earth-to-orbit Propulsion Technology 1994 R. J. Richmond, Shi-Tsan Wu, 1994 **Project Planning & Design (PPD) ARE 5.0 Exam Guide (Architect Registration Examination): ARE 5.0 Overview, Exam Prep Tips, Guide, and Critical Content** Gang Chen, 2025-10-25 A Practical Guide memorization methods tips suggestions and mnemonics Environmental conditions context Codes regulations Building systems materials assemblies Project integration of program systems Project costs budgeting This book includes 120 challenging questions of the same difficulty level and format as the real exam multiple choice check all that apply fill in the blank hot spots and drag and place including a case study It will help you pass the PPD division of the ARE 5 and become a licensed architect Can you study and pass the ARE 5 0 Project Planning Design PPD Exam in 2 weeks The answer is yes IF you study the right materials you can pass with 2 weeks of prep If you study our book Project Planning Design PPD ARE 5 0 Mock Exam you have an excellent chance of studying and passing the ARE 5 0 Project Planning Design PPD Exam in 2 weeks We have added many tips and tricks that WILL help you pass the exam on your first try Our goal is to take a very complicated subject and make it simple Project Planning Design PPD ARE 5 0 Mock Exam will save you time and money and help you pass the exam on the first try ArchiteG ARE Mock Exam Green Associate Exam Guide GA Study and GreenExamEducation are registered trademarks owned by Gang Chen ARE Architect Registration Examination are registered trademarks owned by NCARB About the author Gang Chen holds a master s degree from the School of Architecture University of Southern California USC Los Angeles and a bachelor s degree from the School of Architecture South China University of Technology He has more than 20 years of professional experience Many of the projects he was in charge of or participated in have been published extensively in Architecture Architectural Record The Los Angeles Times The Orange County Register and more He has worked on a variety of unusual projects including well known large scale healthcare and hospitality projects with over one billion dollars in construction costs award winning school designs highly acclaimed urban design and streetscape projects multifamily housing high end custom homes and regional and neighborhood shopping centers Gang Chen is a LEED AP BD C and a licensed architect in California He is also the internationally acclaimed author of other fascinating books including Building Construction Planting Design Illustrated the ARE Mock Exam series the LEED Mock Exam series and the LEED Exam Guides series which includes one guidebook for each of the LEED exams For more information visit www.GreenExamEducation.com **The Finding Guide to AIAA Meeting Papers** American Institute of Aeronautics and Astronautics. Technical Information Service, 1996 *The New York Times Magazine* , 1994-08 *Llamas* , 1991

Tintinalli's Emergency Medicine: A Comprehensive Study Guide, 9th edition Judith E. Tintinalli, O. John Ma, Donald Yealy, Garth D. Meckler, J. Stephan Stapczynski, David M. Cline, Stephen H. Thomas, 2019-10-22 Publisher s Note Products purchased from Third Party sellers are not guaranteed by the publisher for quality authenticity or access to any online entitlements included with the product The long awaited new edition of the world s most widely used and highly

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