

PERSONAL PILGRIMAGE

One Day Soul Journeys for Busy People



Viki Hurst

Personal Pilgrimage One Day Soul Journeys For Busy People

Jiyuan Zhang



Personal Pilgrimage One Day Soul Journeys For Busy People:

Pilgrimage Linda Kay Davidson, David M. Gitlitz, 2002-11-17 Nationalistic meccas shrines to popular culture and sacred traditions for the world's religions from Animism to Zoroastrianism are all examined in two accessible and comprehensive volumes Pilgrimage is a comprehensive compendium of the basic facts on Pilgrimage from ancient times to the 21st century Illustrated with maps and photographs that enrich the reader's journey this authoritative volume explores sites people activities rites terminology and other matters related to pilgrimage such as economics tourism and disease Encompassing all major and minor world religions from ancient cults to modern faiths this work covers both religious and secular pilgrimage sites Compiled by experts who have authored numerous books on pilgrimage and are pilgrims in their own right the entries will appeal to students scholars and general readers

Spirituality for Extroverts Nancy Reeves, 2010-10-01 Does prayer have to be silent Does meditation have to be solemn If I'm an extrovert can I worship God In this groundbreaking book psychologist and spiritual adviser Nancy Reeves presents a refreshing view of spirituality that goes beyond personality to provide extroverts and those who love them with exciting new ways of approaching God Reeves explores a wide variety of spiritual practices for extroverts including Praying in motion Singing Cultivating spiritual friendships Practicing spirituality in groups In the end she urges all of us extrovert and introvert alike to seek a mature spirituality that embraces all the aspects of our personalities Includes questions for reflection and discussion Perfect for book clubs discussion groups and bible study classes For some reason we think of quiet introverted people as the very name of holiness This cannot be true and Nancy Reeves shows us why Richard Rohr author of *Things Hidden* Scripture as Spirituality I've been waiting a long time to read a book like this Nancy Reeves provides much needed insight and guidance Joyce Rupp author of *Fresh Bread And Other Gifts of Spiritual Nourishment* As an introvert I found Reeves perspectives eye opening and enormously helpful They will change the way I interact with the extroverts in my life This book should be required reading for anyone offering spiritual guidance Marjorie J Thompson author of *Soul Feast An Invitation to the Christian Spiritual Life* Nancy Reeves is a clinical psychologist spiritual director poet and author She is director of the Island Loss Clinic teaches at the University of Victoria and conducts many lectures and workshops internationally She is the author of *A Match Made in Heaven A Bible Based Guide to Deepening Your Relationship with God* and *I'd Say Yes God If I Knew What You Wanted*

I'd Say Yes God If I Knew What You Wanted Nancy Reeves, 2001 What do you want from me God If you have ever struggled with this question but have not found a way to answer it then this book is for you Real life stories from 75 men and women open up a world of spiritual discernment practices inviting you to find one that works for you Easy to read yet rich with information this book draws on faith traditions as diverse as Baha I Buddhist Christian Islamic Jewish Sikh and Sufi Stories from every day people living everyday lives are interspersed with biographical accounts from C S Lewis Albert Schweitzer Shoghi Effendi Mahatma Ghandi Matsuo Basho Thomas Merton and Mother Teresa Over 40 discernment concepts and methods are illustrated

including prayer worship pilgrimage labyrinth Enneagram I Ching pendulum angels the medicine wheel and the use of sacred texts Suitable for individual use this book lends itself to group settings such as workshops or retreats Youth Spirit 2 Cheryl Perry, 2002 Need a few bright ideas for your next youth group meeting No need to panic Youth Spirit 2 is filled with great suggestions you can use to create meaningful programs and build community Just like the first volume Youth Spirit 1551452472 this book was created with you in mind Start with the themes you will find here then tailor make your program to suit your group New leaders will find helpful information to get started experienced leaders will find the flexible program ideas inspiring Youth Spirit 2 will quickly become an indispensable part of your youth ministry resource library Personal Pilgrimage Viki Hurst, 2000 Busy busy busy Your life is filled with endless day to day activities and you love it But you know that you need to take time for renewal to maintain balance if only you could find a spot in your full calendar Many people think of a pilgrimage as one of their ultimate lifetime goals an expensive lengthy journey to one of the world's holy sites that takes years to plan You don't have to wait until you have saved the money and can spare the time to start benefiting from a sacred journey You can create rewarding simple pilgrimages close to home This book introduces a life practice that fits into tight budgets and busy schedules These short affordable local versions of the traditional pilgrimage rejuvenate inspire and enlighten Twelve personal pilgrimage templates offer innovative and flexible outlines for your sojourn Try following the templates for a journey to a hilltop or a night time lookout or a place just 5 minutes from home You'll find wisdom and encouragement in The Index of Inspirational Guides creative exercises and meditative techniques that promote peace and balance and encourage spiritual exploration **The Publishers Weekly**, 2001 **Quill & Quire**, 2003 *Forthcoming Books* Rose Arny, 2002 **Canadian Books in Print**, 2001 **Canadian Periodical Index**, 2000 **Personal Pilgrimage at Midlife** Viki Hurst, 2002 Through the practice of personal pilgrimage she developed the author offers readers a tool to explore contemplate and reflect upon key midlife issues careers relationships sexuality finances spirituality body image mortality and more It encourages readers to take the time out needed when midlife challenges crowd their busy calendars and psyches Drawing on the insights of people from Plato to Pierre Elliot Trudeau Hurst introduces each of these concerns with a mini essay then asks 10 questions for reflection Part 2 outlines 12 pilgrimages users can take to work on these issues for example Abundance point finances Artists Cove relationships and Career Paths Career **Brotherhood of Locomotive Engineer's Monthly Journal**, 1878 Youth's Companion, 1895 Zion's Herald, 1899 *The Churchman*, 1880 *Country Life Illustrated*, 1897 *The Golden Rule*, 1896 **Harper's Weekly** John Bonner, George William Curtis, Henry Mills Alden, Samuel Stillman Conant, Montgomery Schuyler, John Foord, Richard Harding Davis, Carl Schurz, Henry Loomis Nelson, John Kendrick Bangs, George Brinton McClellan Harvey, Norman Hapgood, 1873 *Current*, 1885 The Current, 1887

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