

Select procedure:

Cataract surgery (65+ years)

Select Year:

2021/22

View by:

☒ Local Authority of Residence

☐ NHS Board of Residence

Directly standardised rate of cataract procedures in people aged 65 years and over per 100,000 population by Local Authority; 2021/22

Revised: 08 December 2022

What is the context?

A cataract is the loss of transparency of the lens of the eye due to tissue breakdown and protein clumping. They are often considered part of the ageing process. However, they can also be congenital or secondary to other causes e.g. chronic uveitis, prior intra-ocular surgery such as glaucoma filtration surgery or vitrectomy, and trauma. Risk factors for cataract include: gender, diabetes, sunlight, steroids, diet, smoking, and alcohol.

Cataract surgery is the removal of the natural lens of the eye that has developed an opacification and its replacement with an intraocular lens.

Cataract is a common and important cause of visual impairment in Scotland. Cataract extraction accounts for a significant proportion of the surgical workload of most ophthalmologists. It accounts for over 80% of surgical activity within Hospital Eye Services.

Cataract surgery has the potential to transform a patient's life; to keep people independent and undertake activities of daily living such as self-care and driving. The number of cataract operations is expected to increase by 25% over the next 10 years as a result of an ageing population (Drillon et al 2021, see References).

Referral for cataract surgery is undertaken by community optometrists who are the first port of call for patients presenting with eye conditions. Patients are referred to be considered for cataract surgery by ophthalmologists.

Patients will most likely require cataract surgery on both eyes, several weeks apart, which has been advocated by National Institute of Clinical Excellence as appropriate and a cost-effective means to keep patients as independent as possible. The practice of immediate sequential bilateral cataract surgery forms part of improvement work within cataract pathways affording substantial value-added benefits.

Legend for map:

- Significantly higher than Scotland at 95.0% level
- Significantly higher than Scotland at 95% level
- Not significantly different from Scotland
- Significantly lower than Scotland at 95% level
- Significantly lower than Scotland at 95.0% level



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Age-sex standardised rate per 100,000 pop with 95% confidence intervals; 2021/22



What is the variation?

The highest number of cataracts done in the past few years was 40,999 in 2019/20, falling to 32,983 in 2021/22 due to pausing of operations during the pandemic.

In 2021/22, the rate of cataract procedures in people aged 65 years and over in Scotland was 3,122.6 per 100,000 population, an increase from the rate of 1,664.4 per 100,000 population in 2020/21. In 2019/20, the rate was 3,196.9 per 100,000 population.

There was a 2.2-fold variation in the directly age-sex standardised rate of cataract procedures performed in people aged 65 years and over across the Local Authorities of Residence in Scotland in 2021/22, ranging from 2439.6 to 5478.7 per 100,000 population.

The COVID19 pandemic had a significant impact on all health care services. As cataract extraction constitutes non-emergency surgery, it was suspended for many months. NHS Orkney was the first board to remobilise in early summer 2020. The ability for other boards to remobilise was seriously impacted by clinical prioritisation, with sight threatening ophthalmic procedures prioritised over vision restoring surgeries such as cataract surgery.

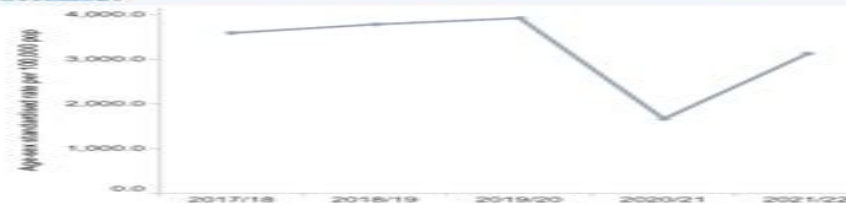
Having to wait longer for a procedure may result in patients seeking private treatment potentially influencing the data.

Select area:

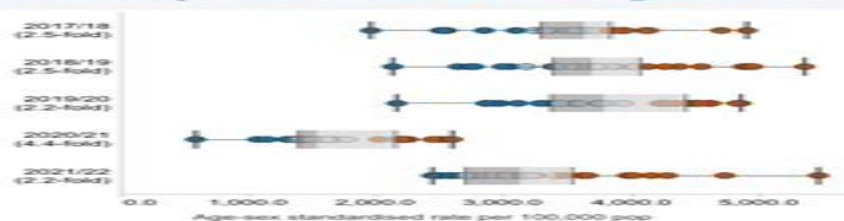
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How has your area changed over time in comparison to Scotland?



How has the spread of values for all areas changed over time?



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