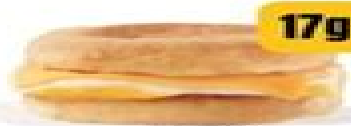


25 BEST HIGH PROTEIN FAST FOOD ITEMS



17g

**EGG
MCMUFFIN**



17g

**TURKEY BACON
EGG WHITE**



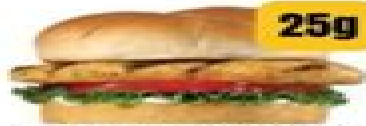
22g

**XL CALI CHICKEN
BACON PIZZA**



25g

**GRILLED CHICKEN
NUGGETS**



25g

**GRILLED CHICKEN
SANDWICH**



26g

**GRILLED CHICKEN
SANDWICH**



26g

**CHICKEN
QUESADILLA**



28g

**EGG WHITE
GRILL**



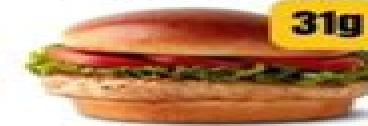
29g

**GRILLED CHICKEN
SANDWICH**



30g

**ROAST TURKEY
SWISS WRAP**



31g

**ARTISAN CHICKEN
SANDWICH**



32g

**GRILLED CHICKEN
SANDWICH**



32g

**GRILLED CHICKEN
BLT SALAD**



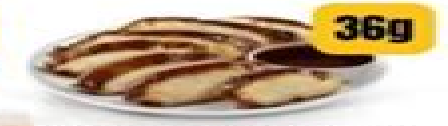
32g

**COLONEL'S
BURGER**



32g

**BLACKENED CHICKEN
SANDWICH**



36g

**GRILLED TERIYAKI
CHICKEN**



36g

**TENDERGRILL
CHICKEN SANDWICH**



37g

**DOUBLE-DOUBLE
W/ONION**



39g

**APPLE PECAN
SALAD**



42g

**DOUBLE MEAT
ROTISSERIE CHICKEN**



43g

**CHARBROILED
CHICKEN CLUB**



50g

**DOUBLE QUARTER
POUNDER W/ CHEESE**



59g

**PANERA TOASTED
ITALIANO**



82g

**CHICKEN BURRITO
BOWL**

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