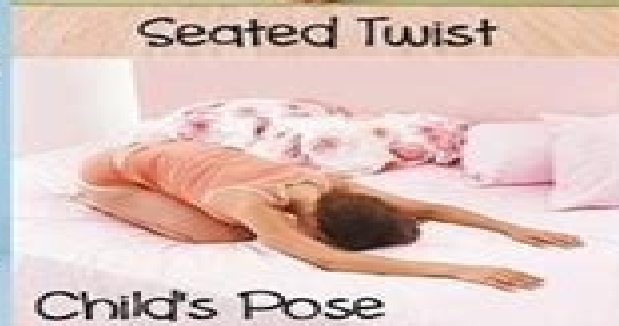


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Vegetarian Times ,1981-07 To do what no other magazine does Deliver simple delicious food plus expert health and lifestyle information that s exclusively vegetarian but wrapped in a fresh stylish mainstream package that s inviting to all Because while vegetarians are a great vital passionate niche their healthy way of eating and the earth friendly values it inspires appeals to an increasingly large group of Americans VT s goal To embrace both

Integrative Medicine, eBook David P. Rakel,Vincent Minichiello,2022-08-12 Written by physicians who are experts in both traditional and complementary medicine Integrative Medicine 5th Edition uses a clinical disease oriented approach to safely and effectively incorporate alternative therapies into primary care practice Drawing on available scientific evidence and the authors first hand experiences it covers therapies such as botanicals supplements mind body lifestyle choices nutrition exercise spirituality and other integrative medicine modalities This highly regarded reference offers practical guidance for reducing costs and improving patient care while focusing on prevention and wellness for a better quality of life Explains how to make the best use of integrative medicine and the mechanisms by which these therapeutic

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Hat Trick Lisa Kusel, 2005-07-13 One time best friends whose relationship had soured in the wake of a complicated love triangle involving Peter an older man Mona and Hannah are brought back together on the island of Zanzibar when their paths once again cross that of Peter **Science Reporter** ,1987 **Video Source Book** ,2006 A guide to programs currently available on video in the areas of movies entertainment general interest education sports recreation fine arts health science business industry children juvenile how to instruction **Business Venezuela** ,2005 *The Video Librarian* ,2006 **English Mechanic and World of Science** ,1883 *The Saturday Review of Politics, Literature, Science, Art, and Finance* ,1888 **The Saturday Review of Politics, Literature, Science and Art** ,1888 *Century Path* ,1910 *Night Flight* Meriam Wilhelm, 2022-08-14 To everyone else Olivia Merriman s life in New Moon Beach looks perfect She s got plenty of friends and family owns her very own magically successful slightly haunted sewing and crafting shop and her old flame Jonathan has come back into her life But things may not be as perfect as they seem this young witch has more than her share of paranormal problems She can t seem to get her spell making skills to behave and her magic has developed a mind of its own Something is definitely wrong To make matters worse Olivia has developed an uncontrollable habit of night flying in her sleep Who knows whose bed she ll wake up in next Olivia Merriman is starting to believe that she s one damaged witch When she awakens at sunrise in the middle of the hills of New Moon Beach Olivia fears the worst Has someone taken control of her magic A wizard or a jealous witch Maybe it s one of her mischievous newly found relatives Or could it be that Olivia s own witchy wiring has gone haywire Hiding all of this from her mortal boyfriend will not be easy Whatever s going on if Olivia doesn t get it under control soon she s going to lose her sanity and a whole lot more Look out New Moon Beach is in for more rocking times as Olivia attempts to control her mystical skills only to learn that she s been slated as the next leader of her coven ready or not *Milwaukee Magazine* ,1998 Swami and Mantra Sam Dalal, 1997

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