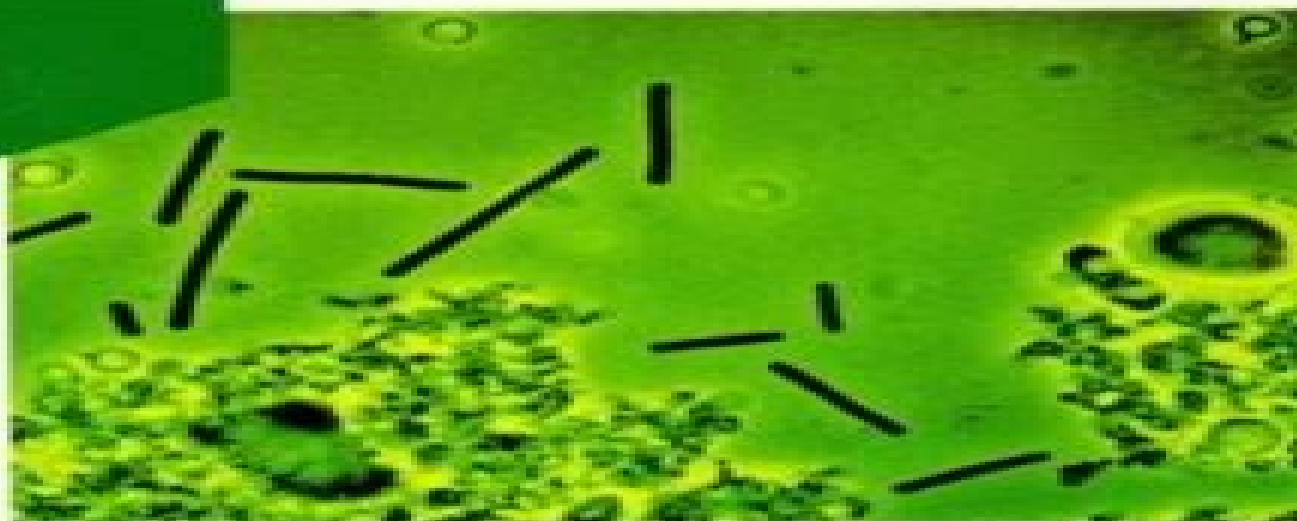


# PROBIOTICS

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**HOW LIVE YOGURT AND OTHER  
'FRIENDLY BACTERIA' CAN RESTORE  
HEALTH AND VITALITY**

**LEON CHAITOW and  
NATASHA TRENEY**

# Probiotics How Live Yogurt And Other Frien

**Christopher Lively**



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