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International Telecommunication Union

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stabilisierenden Kr fte von Routinen und die innovative Instabilit t k nstlerischer Praxis n her als oft vermutet Die Beitr ger innen widmen sich zum einen der produktiven Kraft und zum anderen den krisenhaften Momenten von einge bten gewohnheitsm igen Praktiken in Tanz und Performance Dabei nehmen sie Routinen in der Ausbildung in k nstlerischer Praxis und Wissenschaft sowie im Kontext digitaler Formate und postkolonialer Ans tze in den Blick und zeichnen so ein Bild des Tanzes im Spannungsfeld von Stabilisierung und Ver nderung **The Digital Self** Comfort Alorh,2025-09-15 In an era where our lives are increasingly intertwined with digital platforms The Digital Self Redefining Identity in the Age of Social Media Virtual Worlds and AI explores the profound impact of technology on self perception social interaction and personal identity This book delves into the evolution of the digital self examining how social media online communities and virtual spaces have reshaped the way we present ourselves and engage with the world Blending psychological theories with real world examples this book unpacks the dynamics of online self expression social validation and digital reputation It navigates the tensions between authenticity and curation the pressures of social comparison and the shifting boundaries between our real and virtual identities For anyone curious about how technology influences human behavior or for those looking to understand their own digital presence more deeply The Digital Self Redefining Identity in the Age of Social Media Virtual Worlds and AI is a thought provoking and insightful journey into the future of identity in a hyper connected world

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