

Endorsed by Advocates for Colorectal Education (ACE) and
medically reviewed by doctors from the Minnesota Colon and
Rectal Foundation and by professional nurses.



Positive Options for Colorectal Cancer

Self-Help and Treatment

Colorectal cancer is treatable, even preventable. This practical book is your guide to warning signs, tests and treatment options. New material includes reports on advances in colorectal cancer treatment and advice from cancer survivors.

Carol Ann Larson

Foreword by

Kathleen Ogle, M.D.



Positive Options For Colorectal Cancer Selfhelp And Treatment

David Marc Gershenson



Positive Options For Colorectal Cancer Selfhelp And Treatment:

Positive Options for Colorectal Cancer Carol Ann Larson, 2005 Colorectal cancer develops slowly over a period of several years undetected usually as polyps It is a preventable and treatable disease if caught in time yet most know little about how to read its symptoms **Positive Options for Colorectal Cancer, Second Edition** Carol Ann Larson, 2014-04-08 Positive Options for Colorectal Cancer offers readers everything they need to know about understanding and dealing with colorectal cancer It presents detailed information in a clear and concise manner from a well known advocate and author who is a personal survivor of Stage III colorectal cancer for more than 20 years Chapters present information on prevention techniques warning signs and screening tests including the latest on virtual colonoscopy and how to find and talk honestly with the right doctor It offers tips on treatment options including surgery chemotherapy radiation in addition to advice for life after colorectal cancer and how to find support and resources for the colorectal cancer patient **Johns Hopkins Patient Guide to Colon and Rectal Cancer** Nita Ahuja, 2013-03-07 Johns Hopkins Patient Guide to Colon and Rectal Cancer is a concise patient guide on treating and coping with colorectal cancer About the Series Learning that you or someone you love has cancer is devastating and feeling lost and powerless is a common immediate response The Johns Hopkins Patients Guides are designed to alleviate your anxiety empower you with information and enable you to fully understand your treatment options Each book in this series is dedicated to a specific type of cancer The information is there to help lighten your burden and to assist you in becoming an active participant in your care Cancer rarely allows us to take a diversion from life and offering guidance on how to continue to live life while working hard on getting well is part of the outcome we hope to help you achieve 2014 166 pages **Breast Cancer Basics and Beyond** Delthia Ricks, 2005 Having breast cancer can be devastating for the woman affected and for her family and loved ones It can also be confusing because there are many variations of the disease and at least as many treatments By bringing together comprehensive information on the subject Breast Cancer Basics and Beyond helps women better understand their illness and participate in making decisions about all aspects of their treatment and care In this book award winning medical writer Delthia Ricks tells you all about common and rare types of breast cancer their causes and symptoms diagnosis including mammography and different kinds of biopsies treatment options including lumpectomy mastectomy chemotherapy radiation and hormone therapy benefits and side effects of the most commonly used drugs your risk factors including ethnicity genetics hormones and diet life after cancer follow up care and dealing with recurrence reasons for hope breast cancer research and treatments in development The Medical Library Association Guide to Cancer Information Ruti Malis Volk, 2007 According to the American Cancer Society over 10 million Americans have a history of cancer and the over 100 distinct forms of cancer affect those individuals and their families in very different ways When patrons come to your library with cancer related questions will you be prepared with the best resources for them to consult Now the Medical Library Association and Ruti Volk Manager of the

Patient Education Resource Center at the University of Michigan's Comprehensive Cancer Center have assembled an authoritative guide to the best cancer information resources for all levels of readers. Chapters are devoted to both specific types of cancer: breast, brain, colon, liver, lung, lymphoma, melanoma, childhood cancers, and more, and cancer-related topics: chemotherapy, radiation, herbal supplements, nutrition, fertility, talking with children about cancer, etc. and contain a general introduction to the topic with an overview of the information needs of patients and caregivers. For each type of cancer, the author provides an invaluable annotated list of resources including pamphlets, brochures, consumer health titles, book chapters, reference sources, videos, CD-ROMs, Web sites, and more that incorporates both introductory works and more advanced treatments. Additional resources such as cancer patient organizations and online listservs are also featured. Whether utilizing as an aid in cancer-related searches or as a tool for building a consumer health collection, this unique guide will help any public, academic, or medical library better meet the health information needs of their users.

The Prostate Health Workbook Newton Malerman, 2002. Stating that men who take a proactive approach to treatment when diagnosed with prostate cancer have better recovery rates, a cancer survivor provides worksheets that enable readers to understand their illness, exercise all available treatment options, and cope with emotional and sexual difficulties simultaneously.

The Ultimate Metabolism Diet Scott Rigden, 2008-12. Nationally known weight loss expert Scott Rigden MD has determined that these disorders cause your metabolism to switch when you diet, making it nearly impossible for you to lose weight; your body stores fat instead of burning it. Using simple quizzes and actual case histories, Dr. Rigden helps you identify your metabolic profile and understand its effects. He then guides you in designing a personal plan using diet, supplements, and exercise to get you back on the path to safe and permanent weight loss.

American Book Publishing Record, 2004

Consumer Health Information Source Book Alan Rees, 2003-06-30. The seventh edition of this comprehensive and authoritative guide provides more than 2,000 popular, publicly available health information resources available in both print and electronic formats. Resources include those that the author judges to be the best materials published since the last edition of this book.

An Approach to Good Health for Employees & Reduced Health Care Costs for Industry Charles Alden Berry, 1981

Publications List for the Public and Patients National Cancer Institute (U.S.). Office of Cancer Communications, Medical Self-care, 1986

New Books on Women and Feminism, 2007

Mosby's Clinical Nursing June M. Thompson, 1993. There is no more comprehensive resource available for both inpatient and outpatient nursing care. This book thoroughly examines hundreds of diseases and various aspects of each, including pathophysiology, treatment plans, nursing care, and patient teaching. It incorporates major medical and surgical interventions, diagnostic and laboratory studies, and nursing diagnoses.

The Essentials of Pouch Care Nursing Julia Williams, 2002. This innovative book will provide the nurse working within a general or specialist surgical unit with the information required to care for a patient who has undergone surgery resulting in the formation of an ileal anal pouch, Koch pouch, Colo anal pouch, or continent urinary

diversions These techniques have been with us for more than twenty years but have in the main only been performed within specialist centres More recently however they have become widely used as more colorectal and urology surgeons acquire the skills to perform the procedure In response to this the nurse needs to acquire the skills to care for these patients pre operatively post operatively and through their rehabilitation Julia Williams has drawn together the work of acknowledged experts in this field both nursing and medical to produce a book that will be essential reading for all those who practice in this fast developing specialty

Cancer Vincent T. DeVita, Samuel Hellman, Steven A. Rosenberg, 1997 Cancer. Principles and Practice of Oncology Vincent T. DeVita (Jr.), Steven A. Rosenberg, Samuel Hellman, 1997 **Gynecologic Cancer** David Marc Gershenson, 2004 This brand new reference provides multidisciplinary guidance on the biology diagnosis treatment and supportive care of patients with cancers of the female reproductive tract An international group of experts present sections on management controversies complications of cancer treatment surgical techniques symptom management and more

Forthcoming Books Rose Army, 2001 *Subject Guide to Books in Print*, 2001

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