

Regina P. Lederman
Karen L. Weis

Psychosocial Adaptation to Pregnancy

Seven Dimensions of Maternal
Development

Fourth Edition

 Springer

Psychosocial Adaptation In Pregnancy Assessment Of Seven Dimensions Of Maternal Development

Diana Lynn Barnes



Psychosocial Adaptation In Pregnancy Assessment Of Seven Dimensions Of Maternal Development:

Psychosocial Adaptation to Pregnancy Regina P. Lederman, Karen L. Weis, 2020-09-15 The fourth edition of this book updates and elaborates on the seven dimensions of maternal emotional health that have significant impact on delivery postpartum adaptation infant health and early childhood development Supported by the authors original research and interviews the book provides readers with an analysis of the role of these core functions throughout pregnancy as well as practical materials for use with pregnant clients in the form of assessment instruments and evidence based interventions for promoting positive development The book provides a theoretical framework with rationales for the seven psychosocial dimensions therapeutic and counseling intervention strategies to improve adaptive development in each of the seven psychosocial dimensions findings specific to women in diverse cultural groups a chapter devoted to women in the military and military spouses and discussion of salient issues of pregnancy including physical changes body image intimacy trust and ambivalence The book focuses on the seven dimensions of maternal prenatal emotional health Acceptance of the pregnancy Motivation and preparation for motherhood Relationship with husband partner Relationship with her own mother Preparation for labor Sense of control in labor Self Esteem and Well Being in labor Psychosocial Adaptation to Pregnancy is a significant addition to the psychosocial assessment literature a needed resource for clinical and health psychologists clinical social workers marriage and family therapists professional counselors midwives and obstetrical nurses It is also adaptable to undergraduate and graduate courses in maternal reproductive health and obstetrical nursing

Psychosocial Adaptation in Pregnancy Regina Placzek Lederman, 1984

Psychosocial Adaptation to Pregnancy Regina Lederman, Karen Weis, 2009-09-16 presented in the Introduction Chapter 1 The focus of Chapter 1 is twofold 1 to present the research foundations for the psychophysiological correlates of prenatal psychosocial adaptation and the seven prenatal personality dimensions with progress in labor and birth outcomes and particularly 2 to present the theory underlying the seven dimensions of prenatal psychosocial adaptation which are further analyzed in the following seven chapters Chapters 2 8 present a content analysis of the interview responses to the seven significant prenatal personality dimensions that are predictive of pregnancy adaptation progress in labor birth outcomes and postpartum maternal psychosocial adaptation and they include 1 Acceptance of Pregnancy 2 Identification with a Motherhood Role 3 Relationship with Mother 4 Relationship with Husband 5 Preparation for Labor 6 Prenatal Fear of Pain Helplessness and Loss of Control in Labor and 7 Prenatal Fear of Loss of Self Esteem in Labor There is no other comparable comprehensive in depth prenatal personality research or empirical and content analysis of pregnancy specific dimensions of maternal psychosocial adaptation to pregnancy

Schwangerenvorsorge durch Hebammen Deutscher Hebammenverband e.V., 2023-02-22 Schwangere gut und sicher betreuen Das Standardwerk in der Betreuung von Schwangeren Lernen Sie die Grundlagen einer guten und sicheren Schwangerenvorsorge kennen Dieses Buch bietet Ihnen dazu ein umfassendes Konzept und das Basiswissen das Sie f r eine

kompetente Betreuung ben tigen Alle Autorinnen sind erfahrene Hebammen und Expertinnen in der Vorsorge Sie erhalten wertvolle Tipps und Antworten zu allen Fragen rund um die Betreuung von Schwangeren wie z B Was geh rt zu den Vorsorgeuntersuchungen Wie sind die rechtlichen Grundlagen Wie behandle ich Beschwerden in der Schwangerschaft Wie organisiere ich meine Dokumentation und das Qualit tsmanagement *Psychosocial Adaptation in Pregnancy* Regina Placzek Lederman,1996 A groundbreaking analysis of the psychology of pregnancy now in a second edition The author identifies seven distinct areas where the most change and development occur during the nine months of pregnancy based on her in depth interviews with pregnant women The original research on first time mothers is presented along with information from the author s new research with mothers having second and subsequent children The scholarly development of theory is intertwined with the voices of women describing the emotions experienced in pregnancy in their own words making this a valuable resource for students researchers and clinicians in maternal child health *Enhancing Women's Wellbeing During Matrescence, Motherhood, and Perinatal Transitions* Hannah Slootjes,2025-09-01 Guided by research and occupational therapy practices this evidence based text maps how occupational therapists and the allied health collective can holistically promote women s health wellbeing and self efficacy during matrescence the bio psycho social political spiritual developmental journey and rite of passage of mother becoming From person centred gender sensitive and feminist perspectives this book introduces a compassionate and non medicalised framework guiding how health and wellbeing professionals can engage responsively with women during motherhood journeys Building on doctoral research exploring the role of occupational therapists in perinatal health this guide includes occupation and co occupation based theories models and frameworks for supporting women s transitions and transformations as individuals and mother infant dyads Bolstered by learning objectives case studies summaries and reflective questions the chapters feature a collection of innovative occupational therapy approaches to support women struggling with overwhelm burnout and other common normalised issues across the lifespan from womanhood to grandmotherhood and menstruation to menopause Further the book sheds light on the dark side of motherhood occupations outlining holistic strategies to promote functional capacities empowering and enabling women work to through the impacts of role overloading disrupted identity shame dysfunction and perinatal trauma A much needed addition to the perinatal care field this essential guide is tailored for occupational therapy mental health and other healthcare practitioners and postgraduate students working in perinatal health and matrescence **Women's Reproductive Mental Health Across the Lifespan** Diana Lynn Barnes,2014-05-30 In this book you ll find a thoughtfully edited chronicle of the unique convergence of genetic hormonal social and environmental forces that influence a woman s mental health over the course of her life Both comprehensive and nuanced *Women's Reproductive Mental Health Across the Lifespan* captures the science clinical observation and collective wisdom of experts in the field Professionals and laypersons alike are well advised to make room on their bookshelves for this one Margaret Howard Ph D Warren Alpert Medical School

of Brown University Women Infants Hospital Providence RI This outstanding collection of work is an important timely and much needed resource Dr Diana Lynn Barnes has been instrumental in bringing attention to the needs of perinatal women for decades In Women s Reproductive Health Across the Lifespan she brilliantly unites the medical world of reproductive life events with the psychiatric and psychological world of mental health issues associated with them Her expertise combined with contributions by distinguished leaders in the field create a volume of work that should be studied carefully by every medical and mental health provider who works with women Karen Kleiman MSW The Postpartum Stress Center Author of Therapy and the Postpartum Woman Finally a book that addresses the entire scope of women s reproductive mental health spanning the gamut from puberty to menopause The list of chapter contributors reads like a who s who of international experts Unique to this book is its focus on the interaction of genetics hormonal fluctuations and the social environment It is a must addition for the libraries of clinicians and researchers in women s reproductive mental health Cheryl Tatano Beck DNSc CNM FAAN Board of Trustees Distinguished Professor School of Nursing University of Connecticut Pregnancy and childbirth are generally viewed as joyous occasions Yet for numerous women these events instead bring anxiety depression and emotional distress Increased interest in risk reduction and early clinical intervention is bringing reproductive issues to the forefront of women s mental health The scope of Women s Reproductive Mental Health across the Lifespan begins long before the childbearing years and continues well after those years have ended Empirical findings case examples and dispatches from emerging areas of the field illuminate representative issues across the continuum of women s lives with the goal of more effective care benefitting women and their families Chapter authors discuss advances in areas such as fertility treatment and contraception and present current thinking on the psychological impact of pregnancy loss menopause cancer and other stressors These expert contributors emphasize the connections between an individual s biology and psychology and cultural expectations in shaping women s mental health and the balance between a client s unique history and current clinical knowledge clinicians need to address disorders Included in the coverage The experience of puberty and emotional wellbeing Body image issues and eating disorders in the childbearing years Risk assessment and screening during pregnancy Normal and pathological postpartum anxiety Mood disorders and the transition to menopause The evolution of reproductive psychiatry A reference with an extended shelf life Women s Reproductive Mental Health across the Lifespan enhances the work of researchers and practitioners in social work clinical psychology and psychiatry and has potential relevance to all health care professionals

Infant and Toddler Mental Health J. Martín Maldonado-Durán, 2008-08-13 Countless studies have demonstrated the power of early intervention to permanently alter the course of a child s life Yet heightened by the past decade s research breakthroughs in genetics the nature vs nurture controversy rages on This volume dispels some of the persistent myths surrounding this controversy Unlike largely theoretical texts that describe infant behavioral and emotional difficulties and other psychosocial challenges affecting young children this eminently practical guide illustrates what to do in

numerous clinical situations with actual patients Written by clinicians who work with infants and children and their families every day this reality based approach addresses the most common and important problems in infant psychopathology e g trauma sleep feeding excessive crying attachment disruptions covering models of intervention from pregnancy through infancy attachment issues and transgenerational themes Here you ll find topics rarely addressed elsewhere The theoretical and clinical implications of trauma during early childhood and its effects on emotional regulation cognition and attachment including potential disruptions of attachment a topic widely overlooked in the life of young children perhaps because of the distress it produces in adults to think that infants can be subject to violence witness major traumatic events and experience consequences from such events Techniques such as multimodal parent infant psychotherapy for working effectively with families once considered unreachable who are under severe stress and have endured multiple disruptions disappointments and marginalization A timely discussion of a rarely addressed problem on the importance of early intervention and the effects of day care for infants from the point of view of the infant exposed to multiple caretakers addressing the very difficult questions of the effects on infants of changes in caretakers How young children use their bodies and its functions to manifest their difficulties focusing on sleeping crying and eating with practical suggestions that can be widely applied by health care professionals Unique commentaries on two case examples by a diverse international panel of clinicians and researchers from countries such as Argentina Canada France Japan Mexico Switzerland the UK and the U S illustrating the differences of opinion approaches and perspectives that together generate more effective assessment and treatment This thought provoking clinical reference is a must read for developmental child and adolescent psychiatry educators and practitioners and nurses pediatricians occupational therapists and clinical social workers as they help the youngest members of our community through theoretical understanding and practical intervention

Prevention of Maladjustment to Life Course Transitions Moshe Israelashvili, 2023-06-01 This book provides a comprehensive and updated review of the concepts models and interventions related to the process of adjustment to life course transitions In times of transition an individual is exposed to experiences that require them to assume new roles and exhibit updated behaviors Regardless of the characteristics of these transitions exposure to normative trajectories imposes on the person an intensive engagement in a process of re adjustment Sometimes this demand is beyond the scope of one s ability motivation or comprehension Hence some people might ineffectively perceive and or react to the change and end up feeling unable to handle the change and inclined to escape the situation A preventive intervention that either reduces the impact of possible risk factors or fosters possible protective factors would support the people in managing the transition While the importance of prevention of maladjustment is repeatedly mentioned in the literature this is the first known book on how to prevent maladjustment It examines how the sense of transition emerges what adjustment means the models that elaborate on how people manage in times of transition what the antecedents of maladjustment are and especially how maladjustment could be prevented Out of these discussions a

new model The Transitional Stress and Adjustment TSA Model is suggested as a grand framework for paving a way forward to better prevent people's maladjustment to life course transitions Prevention of Maladjustment to Life Course Transitions is a much needed cornerstone in the future development within the prevention science framework This book has interdisciplinary appeal for researchers practitioners and graduate students in psychology sociology public health social work criminology medicine health sciences public policy economics and education who consider prevention an important vehicle of intervention to promote health and wellbeing Its focus on the topic of adjustment also would be of special interest to those who explore child and youth development

Psychosocial Dimensions of the Pregnant Family Laurie Nehls Sherwen, 1987 Pregnancy-Related Anxiety Rachel Dryer, Robyn Brunton, 2021-10-26 This book provides a collective examination of the theoretical empirical and clinical perspectives of pregnancy related anxiety Pregnancy related anxiety is a distinct form of anxiety that is experienced by pregnant women and is characterized by pregnancy specific fears and worries This form of anxiety has been associated with a range of negative obstetric neonatal and maternal outcomes There has been increased research interest in this form of anxiety particularly over the last 15 years The content is organized in three sections The first section provides a thorough understanding of pregnancy related anxiety ranging from its historical development evidence of its distinctiveness to the antecedents and outcomes of this anxiety for the mother and child The second section examines key clinical issues around diagnosis and treatment specifically current diagnosis screening for this anxiety and approaches for intervention and treatment The final section considers emerging areas of research such as pertinent issues around culture and acculturation which are key issues in an increasingly multicultural world Moreover the effects of pregnancy related anxiety on the woman's broader psychosocial functioning are considered with specific chapters on body image and sexual abuse two key areas of concern A seminal resource this book provides a broad examination of the topic from multiple frameworks and perspectives which sets this book apart from other books in print This book intends to inform and stimulate future research studies as well as increase awareness and understanding of pregnancy related anxiety It is a must read for researchers educators clinicians and higher education students who care about delivering better support and services to pregnant women particularly those who are vulnerable and distressed

Encyclopedia of Nursing Research Joyce J. Fitzpatrick, 2017-08-28 p Third Edition Named a Doody's Essential Purchase Named a Choice Outstanding Academic Title for 2007 and an AJN Book of the Year This award winning nursing reference meticulously researched by luminaries in the field represents the state of the art in nursing science Comprehensive and concise entries provide the most relevant and current research perspectives and demonstrate the depth and breadth of nursing research today This one stop reference presents key terms and concepts and clarifies their application to practice The fourth edition has been substantially updated to contain the latest research for nurse scientists educators and students in all clinical specialties With new information from the National Institute of Nursing Research this reference is an essential compendium of nursing research for nursing

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Prenatal and Postnatal Care Robin G. Jordan, Cindy L. Farley, Karen Trister Grace, 2018-04-03 Prenatal and Postnatal Care The second edition of the comprehensive and award winning text on prenatal and postnatal care The updated edition of Prenatal and Postnatal Care offers a comprehensive text for the care of the woman during the childbearing year The expert author team presents information needed to master foundational knowledge in anatomy physiology psychology culture the structure of preconception prenatal and postnatal care as well as the management of common health problems This edition has been revised throughout and contains six new chapters on the following topics prenatal ultrasound triage of the pregnant woman assisting women to develop confidence for physiologic birth pregnancy after infertility oral health and issues around diversity and inclusion in prenatal and postnatal care Additional highlights include new and updated content on pregnant women in the workplace prenatal genetic testing trauma informed care and transgender pregnancy care The second edition also includes commonly used complementary therapies and offers more detailed information on shared decision making and planning for birth Prenatal and Postnatal Care Provides expanded faculty resources with case studies and test questions for each chapter Offers a comprehensive text that covers essential aspects of prenatal and postnatal care of the childbearing woman Builds on the edition that won the Book of the Year award from the American College of Nurse Midwives ACNM in 2015 This revised authoritative text is an ideal resource for midwifery nurse practitioner and physician assistant students and healthcare providers working with pregnant and postpartum women

Essential Psychology Philip Banyard, Gayle Dillon, Christine Norman, Belinda Winder, 2015-01-30 Essential Psychology returns for a second edition with a vivid narrative writing style for undergraduates features designed to stimulate critical thinking and inspire students to learn independently and an expanded companion website full of useful resources for lecturers and students This comprehensive introductory text is relevant for both the specialist and non specialist psychology student challenging those who studied psychology before university while remaining accessible to those who did not The 2nd edition Gives students a firm foundation in all areas covered on accredited British Psychological Society degree courses Includes new chapters on psychopathology research methods language motivation and emotion lifespan development health psychology forensic psychology and critical social psychology Relates theory to the real world to help students think about where they will employ their degree after undergraduate study Comes with a SAGE edge companion website with a suite of resources to enhance the learning experience <https://edge.sagepub.com/banyard2e>

The Development and Testing of the Müller Prenatal Attachment Inventory Mary E. Müller, 1989 **Associations Among Maternal Characteristics and**

Resources During Pregnancy and Subsequent Mother-infant Interactions at 3-months Postpartum Lauren Heim,1992 **The Relationship of Prenatal and Postpartum Adaptation Dimensions to Women's Satisfaction with Their Childbirth Experience** Lisa Dianne Crook,1986 Journal of Psychosocial Nursing and Mental Health Services,1985 Maternal-fetal Attachment in the Pregnant Adolescent, Self-esteem, Relationship with Mother, and the Decision to Keep Or Release the Infant for Adoption Elizabeth A. Lindner,1984 **Journal of the Association for Research on Mothering** ,2005

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