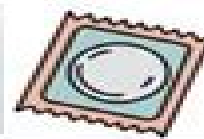
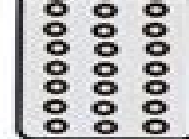


BIRTH CONTROL METHODS



VASECTOMY



- Over 99% effective
- Medical sterilization procedure for men
- Done by cutting and sealing the tubes that carry sperm

SIDE EFFECTS

- Swelling, bleeding, bruising, pain, infection immediately after procedure

EDUCATION

- NOT 100% EFFECTIVE
- Possible to fail weeks, months, years after procedure
- Continue other birth control methods for about 2 months while sperm count continues to decrease
- Procedure IS reversible

INJECTABLE



- >99% effective
- Injectable progestin
- DOSE: 150mg single dose vial given IM (DO NOT MASSAGE)
- Give within 5 days of onset of period
- Within 5 days from delivery
- Contraception begins immediately, lasts 3 months
- F/U appointment 2 weeks before 3 months to check
- Typical & no period after 1 year of use

SIDE EFFECTS AND CONTRAINDICATIONS

- Women who are pregnant, Abnormal vaginal bleeding of unknown cause, breast/pelvic cancers, allergies to progestin

EDUCATION

- May be used during lactation
- Suggest alternative method for women who plan to get pregnant in 6-9 months

STERILIZATION (TUBAL)

- Type of PERMANENT birth control
- Doctor will cut or block your Fallopian tubes through a cut in your skin

SIDE EFFECTS

- Continued pelvic or abdominal pain, increased risk of infection, ectopic pregnancy, Damage to other organs

EDUCATION

- You will still have a period
- No age requirement but some insurances will not pay for procedure until you reach a certain age



MALE CONDOM

- 98% effective
- WHEN USED PROPERLY
- Covers penis and acts like mechanical barrier to prevent sperm from entering vagina
- Protects against STD's
- Inexpensive & No prescription needed
- CONTRAINDICATIONS: Latex allergies, inability to maintain erections, inability to use properly



EDUCATION

- Apply/Insert on/for males: On Before Penetration, leave space in tip
- NO PETROLEUM LUBRICATION
- Store in cool, dry space, NO WALLETS
- Use with spermicide for max protection against STD's

FEMALE CONDOM

- 75 - 95% effective
- Vaginal pouch
- Flexible ring that fits over cervix
- Do not use if allergic to latex, polyisoprene or plastics
- Possible friction may cause irritation on vagina or penis

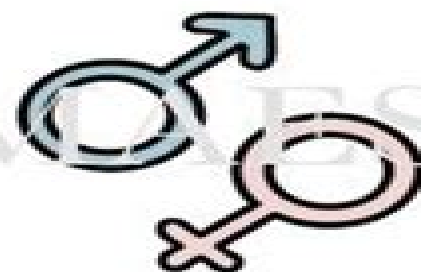


EDUCATION

- Provides SOME protection against STD
- May be inserted UP TO 8 hours before
- Expensive
- One time use
- NOT AS EFFECTIVE as male condoms

ABSTINENCE

- Only Birth Control that is 100% effective
- Issue is typically COMPLIANCE
- Most effective way to prevent STD's
- Most affordable option because it is the only option guaranteed FREE!



Sex And Birth Control A Guide For The Young

Robert P. Doyle



Sex And Birth Control A Guide For The Young:

Sex & Birth Control E. James Lieberman, Ellen Peck, 1982 Describes the various contraceptive methods and the effects of venereal disease in addition to listing sources for obtaining counseling on birth control and personal problems **Sex Guides** Patty Campbell, 2017-04-07 The history of the sex guide for adolescents documents the quite unconscious movement of Western culture's ideas about sex and youth revealing the heritage of our own sexual beliefs and codes of behaviour The first section of this book first published in 1986 traces the development of the sex guide examining 400 books from 1892 to the 1980s The second section comprises a detailed analysis of the patterns content and usefulness of all the contemporary manifestations of the genre The history of the teen sex manual is a fascinating revelation of American attitudes towards adolescent sexuality **The Sex Atlas** Erwin J. Haeberle, 2020-05-18 No detailed description available for The Sex Atlas

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Subject Catalog Library of Congress, 1982 *Banned Books* Robert P. Doyle, 2001 This book includes lists of some of the books from 387 B C to the present time that have been banned or considered controversial The Guide to Getting it On! Paul Joannides, Daerick Gross, 1996 Chapter 24 is on gay sex but there is a gay aura throughout the book rk **Sexual Health** David E. Newton, 2009-12-22 Sexual Health provides teenagers with a comprehensive review of common problems related to sexual health offering suggestions and resources for understanding and working through those issues What are the major types of sexually transmitted diseases and how are they contracted and treated How effective are different types of contraception How do you recognize the stages of puberty The defining feelings of sexual orientation This candid authoritative handbook is designed to serve young people as a reliable enlightening source of answers to questions like these as they navigate the often confusing transition from adolescence to physical maturity In addition to being a go to resource on common problems related to sexual health this welcomed volume considers a number of related issues and controversies including sex education the morning after pill condoms in schools and more It also includes information on various organizations that have an interest in adolescent sexual health as well as wide range of additional resources in print and online **Compendium of Resource Materials on Adolescent Health** Paula McLellan, 1981 *Subject Catalog, 1982* Library of Congress, 1982 **Subject Guide to Books in Print**, 1993 SIECUS Report Sex Information and Education Council of the U.S., 2001 **Standard Catalog for High School Libraries** H.W. Wilson Company, 1987 Each vol is divided into 2 parts 1st 7th ed Dictionary catalog and Classified catalog 8th 9th ed have 3rd part Directory of publishers **Guide to Getting it On!** Paul Joannides, 2000 More irreverent than ever the popular guide to fully understanding and enjoying sex has now been revised with new chapters such as Sex When You're Really Old When Sex Gets Boring and How to Be Cool

When You re Not 65 illustrations *National Union Catalog, 1982 ,1983* *National Union Catalog ,1982* Includes entries
for maps and atlases Teaching the Moderately and Severely Handicapped: Communication, socialization, safety, and
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L. Bogart,Karen R. Carlson,1977

Whispering the Secrets of Language: An Mental Journey through **Sex And Birth Control A Guide For The Young**

In a digitally-driven world wherever displays reign supreme and instant transmission drowns out the subtleties of language, the profound techniques and psychological subtleties concealed within words usually move unheard. However, set within the pages of **Sex And Birth Control A Guide For The Young** a fascinating literary prize blinking with organic thoughts, lies an exceptional journey waiting to be undertaken. Written by an experienced wordsmith, this marvelous opus attracts visitors on an introspective trip, softly unraveling the veiled truths and profound impact resonating within ab muscles material of every word. Within the mental depths of the emotional evaluation, we shall embark upon a heartfelt exploration of the book is key styles, dissect its fascinating publishing type, and fail to the strong resonance it evokes heavy within the recesses of readers hearts.

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