

Therapeutic Diet

- **CVA or stroke** – high calorie, high protein soft diet
- **Increased ICP** – fluid restriction 1200ml/day
- **Meniere's disease** – low sodium, fluid restricted diet
- **Myocardial infarction** – low fat & low cholesterol, salt restricted, soft diet
- **Cardiac failure** – sodium & fluid restriction
- **Hypertension** – low sodium & low cholesterol
- **COPD** – high calorie & high protein diet
- **Peptic ulcer** – bland diet
- **Dumping syndrome** – high protein, high fat, low carbohydrate diet
(avoid salt, sugar & milk)
- **Ulcerative colitis** – low residue, high protein diet
- **Liver disease** – low fat, low protein, high calorie diet
- **Pancreatitis** – low fat, low protein, moderate calorie diet (avoid heavy meal)
- **Renal failure** – low protein, high carbohydrate diet
- **Nephrotic syndrome** – moderate to high protein, low fat, high carbohydrate diet
- **BPH** – low protein diet (avoid coffee and chocolates)
- **Addison's disease** – high protein & carbohydrate diet
- **Hypothyroidism** – low calorie, low cholesterol & low saturated fat diet
- **Hyperthyroidism** – high calorie diet
- **Gout** – low purine diet (avoid organ meats, wines and aged cheese)

Recent Advances In Therapeutic Diets University Of Iowa Medical Center

Yicheng Fang



Recent Advances In Therapeutic Diets University Of Iowa Medical Center:

Recent Advances in Therapeutic Diets University of Iowa. Hospitals and Clinics. Department of Nutrition, 1970 This diet manual was developed for use as a reference for the principles adequacy and foods of each diet included It will be useful as a text for medical and nutritional interns student nurses and other individuals involved with the nutritional care of patients The diet manual includes the general hospital diet modifications of the general diet and all therapeutic diets commonly used at the University of Iowa Hospitals and the Veterans Administration Hospital in Iowa City The adequacy of the suggested menu is based on the 1968 revision of the Recommended Daily Dietary Allowances prepared by the Food and Nutrition Board of the National Research Council Preface **Recent Advances in Therapeutic Diets, University of Iowa Medical**

Center University of Iowa. Hospitals and Clinics. Department of Nutrition, 1971 *National Library of Medicine Current Catalog* National Library of Medicine (U.S.), 1973 First multi year cumulation covers six years 1965 70 **Recent Advances**

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American Journal of Public Health , 1971 Includes section Books and reports *The National Union Catalogs, 1963-*, 1964 Diet Manual for Nursing Homes and Small Hospitals Illinois. Office of Health Facilities and Quality of Care, 1977

American Book Publishing Record Cumulative, 1950-1977: Title index R.R. Bowker Company. Department of Bibliography, 1978 **Nutrition and Its Disorders** Donald Stewart McLaren, Michael M. Meguid, 1988 Abstract This text is intended to be used as a textbook for the study of nutrition and nutrition disorders by undergraduate or early postgraduate students of medicine nutrition or diabetics Multiple choice questions and extensive reading lists are provided Topics discussed include normal nutrition primary and secondary nutritional disorders nutrition and diet in systemic disease and food and nutrition in the community *National Agricultural Library Catalog* National Agricultural Library (U.S.), 1979

Nutrition Nancy J. Peckenpaugh, Charlotte M. Poleman, 1995 This versatile text now in its ninth edition offers a concise practical approach to health care nutrition Key updates include the latest developments in nutrition fundamentals nutrition across the life span and the nutritional management of chronic and acute illnesses Focused coverage makes this resource perfect for shorter nutrition courses Handbook of Community Health Nursing Dorothy D. Petrowski, 1984 **Journal of**

the American Dietetic Association ,1996 *Pain* Ada K. Jacox,1977
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