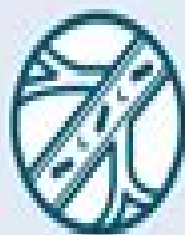


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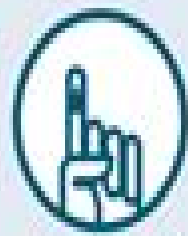
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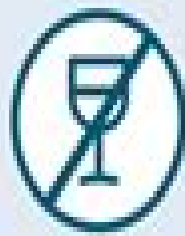
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Prevention Of Stroke

Philip B. Gorelick, Milton Alter



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Stroke Prevention, Treatment, and Rehabilitation David Spence, Henry JM Barnett, 2012-05-13 IF YOU WANT TO UPDATE THE INFORMATION ON YOUR TITLE SHEET THEN YOU MUST UPDATE COPY IN THE PRODUCT INFORMATION COPY FIELD COPY IN THE TIPSHEET COPY FIELD DOES NOT APPEAR ON TITLE SHEETS This book arms any physician with the evidence and tools they need to help patients who have had or at risk of having a stroke in preventing stroke Market Audience PRIMARY Neurologists 18 000 in US Cardiologists 30 000 in US SECONDARY Internists 200 00 About the Book Stroke is the third leading cause of death in the US with cardiac disease and cancer being number one and two Annually 795 000 people in the US suffer a new or recurrent stroke Approximately 140 000 people die from stroke each year a figure that has been declining because of what we have learned about daily aspirin smoking cessation diet and surgical procedures to prevent new or recurrent strokes The 6 million patients alive today who ve survived stroke are at the highest risk yet anyone of a certain age or who has had a mini storke is at higher risk While more is known than ever about how to prevent stroke there is still great variability in how stroke prevention is implemented regionally Challenges in getting patients to comply with stroke prevention measures are also a concern This book provides an evidence based approach and practical tools to help any physician help their patients avoid a new or a recurrant stroke Key Selling Features Makes stroke prevention easy to teach and easy to comply with About the Authors David Spence MD Trained in Neurology with Dr Barnett before going on to complete training in Internal Medicine and then a fellowship in Clinical Pharmacology at San Francisco Has focused on stroke prevention throughout his career Professor of Neurology and Clinical Pharmacology at the Robarts Research Institute London Canada Ran a hypertension clinic for 20 years for the past 15 years has run a busy stroke prevention clinic Pioneered ultrasound measurement of carotid plaque for patient management genetic research and evaluation of new therapies Published in 2006 a book for the public How to prevent your stroke Wife and first son are family physicians has done a lot of continuing medical education to family physicians around the world Selected by the World Congress of Neurology in 2009 to teach the course on stroke prevention Henry JM Barnett MD A giant in stroke prevention first to show that Aspirin reduced the risk of stroke led the study that showed that carotid endarterectomy reduced the risk of stroke in patients with symptomatic carotid stenosis and the study that showed that extra cranial to intracranial bypass was not effective Founding chair of the department of Clinical Neurological Sciences at the University of Western Ontario in which Neurology and Neurosurgery joined to form a department separate from Medicine and Surgery This model which he pioneered with his neurosurgical colleague Charlie Drake has been copied successfully the world over Former editor of the journal Stroke and internationally recognized as the father of stroke prevention **Prevention of Stroke** John W. Norris, Vladimir C. Hachinski, 2013-06-29 Prevention of Stroke sums up and critically analyzes our present knowledge and understanding of all major aspects of stroke prophylaxis medical and surgical The book is intended for not only neurologists and neurosurgeons

directly involved with stroke patients but also vascular surgeons internists family physicians and health planners Topics explored include the cellular basis of atherosclerosis stroke risk factors head and neck bruits in stroke prevention the present status of anticoagulant prophylaxis hypertension and stroke prevention and prevention of cardioembolic stroke as well as the efficacy of aspirin and of ticlopidine in stroke prevention Surgical prophylaxis is examined through discussions of carotid endarterectomy prevention of stroke from cerebral vascular malformations prevention of aneurysmal subarachnoid hemorrhage balloon transluminal angioplasty of the carotid artery in the head and neck and prevention of recurrent stroke

The Prevention of Stroke Philip B. Gorelick, Milton Alter, 2002-04-26 Since stroke is the third leading cause of death in the United States and the major cause of disability in older individuals prevention deserves greater and more dedicated efforts by medical practitioners and health policy planners As the population continues to age successful implementation of stroke prevention strategies should produce tangible benefits for large segments of society The Prevention of Stroke focuses on the stroke risk factors that are amenable to modification and describes ongoing strategies for their amelioration It emphasizes primary prevention of risk factors because intervention before a stroke risk factor appears clinically is likely to yield the highest benefits It also recognizes secondary prevention measures as important in reducing the chance of a stroke A strength of this book is its reliance on well founded scientifically derived evidence interpreted by clinically experienced stroke experts The authors assess the state of our current knowledge of successful stroke prevention measures while pointing out areas where there is a need to develop new and better prevention techniques With a fund of bibliographic references and comprehensive index this is an essential clinical reference on the successful prevention of stroke **Stroke**

Prevention in Clinical Practice Darryll M. Baker, 2007-12-10 Primary care physicians are the first to diagnose transient ischaemic attacks TIAs and are the doctors who can undertake a considerable amount of stroke prevention treatment This book fills the primary care physician s need for a short clear text explaining how to accurately diagnose a TIA determine what investigations are indicated and how and when to intervene to reduce the risk of stroke Short chapters are written in point form with clear diagrams and figures each chapter written by an expert in the field Stroke is a brain attack and a major cause of disability Active intervention can prevent stroke especially in high risk groups *Evidenzbasierte Therapie-Leitlinien*, 2004 Evidenzbasierte Therapieleitlinien als Basis einer rationalen und rationellen Arzneimitteltherapie Empfehlungen f r die h ufigsten Therapieindikationen in der haus rztlichen Praxis Neu Therapieindikationen zu Diabetes mellitus Osteoporose Koronare Herzkrankheit inklusive Risikokalkulator Periphere arterielle Verschlusskrankheit Hormontherapie im Klimakterium Wissenschaftlich begr ndet und praxisorientiert geben die Therapieempfehlungen der Arzneimittelkommission der deutschen rzteschaft Hilfestellung f r die h ufigsten Diagnosen oder Beschwerden mit denen der allgemeinmedizinisch t tige Arzt konfrontiert wird Die Krankheitsbilder sind bersichtlich und einheitlich strukturiert Sie umfassen epidemiologische Aspekte Vorbemerkungen zur Pathologie und Pathophysiologie sowie zur Definition und Klassifikation Innerhalb der

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Prevention of Stroke John W. Norris, Vladimir C. Hachinski, 1991-05-01 Prevention of Stroke sums up and critically analyzes our present knowledge and understanding of all major aspects of stroke prophylaxis medical and surgical The book is intended for not only neurologists and neurosurgeons directly involved with stroke patients but also vascular surgeons internists family physicians and health planners Topics explored include the cellular basis of atherosclerosis stroke risk factors head and neck bruits in stroke prevention the present status of anticoagulant prophylaxis hypertension and stroke prevention and prevention of cardioembolic stroke as well as the efficacy of aspirin and of ticlopidine in stroke prevention Surgical prophylaxis is examined through discussions of carotid endarterectomy prevention of stroke from cerebral vascular malformations prevention of aneurysmal subarachnoid hemorrhage balloon transluminal angioplasty of the carotid artery in the head and neck and prevention of recurrent stroke

Prevention and Treatment of Ischemic Stroke Scott Eric Kasner, Philip B. Gorelick, 2004 This volume covers prevention and treatment options for both primary and secondary ischemic stroke offers practical scientific guidance on all aspects of patient care including critical care management and rehabilitation provides author recommendations where clinical answers are not yet clear and discusses topics such as diagnostic evaluation of TIA and ischemic stroke large vessel atherosclerosis small vessel occlusive disease unusual and cryptogenic etiologies of stroke and emerging therapies

Preventive Nutrition Adrienne Bendich, Richard J. Deckelbaum, 2016-01-01 This newly expanded and updated fifth edition will be the largest and most comprehensive of the five editions and new topics and chapter authors have been added The authors have created the most comprehensive and up to date review of the nutritional strategies available for the prevention of disease and the promotion of health through nutrition Patients are looking for credible information from their health care providers about a whole range of subjects covered here including carotene lycopene antioxidants folate and the myriad of bioactive phytochemicals found in garlic and other foods With sections on cardiovascular disease diabetes and pregnancy among many others this volume will be of great value to practicing health professionals including physicians nutritionists dentists pharmacists dieticians health educators policy makers health economists regulatory agencies and research investigators An entire section covers nutrition transitions around the world including Eastern Europe Latin America and Asia as well as goals for preventive nutrition in developing countries

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Cumulated Index Medicus, 2000

Current Therapy in Vascular and Endovascular Surgery E-Book James C. Stanley, Frank Veith, Thomas W Wakefield, 2014-04-28 Current Therapy in Vascular and Endovascular Surgery is an ideal medical reference book to consult for information in this ever changing field Thoroughly revised to reflect the most recent innovations in

vascular and endovascular surgery it features more than 150 chapters on topics new to this edition and equips residents and practitioners alike with the latest procedures and techniques in this rapidly growing area Internationally recognized experts present expanded coverage of a wide array of topics keeping you abreast of all of today's developments Consult this title on your favorite device conduct rapid searches and adjust font sizes for optimal readability Quickly locate key information with concise to the point chapters Prepare for boards or certification exams through coverage that spans the entire spectrum of vascular surgery Explore brand new coverage of endovascular procedures and techniques Learn from leaders in the field including internationally recognized editors and numerous global experts in specialized disciplines Access in depth detailed coverage of various vascular diseases each sub divided into discrete topics for a more focused approach View procedures more clearly than ever before with the help of more than 800 full color illustrations throughout Access the full text and videos online at Expert Consult What You Should Know about Stroke and Stroke Prevention Arthur Ancowitz, 1979

Stroke Prevention John W. Norris, Vladimir Hachinski, 2001-04-12 The treatment of stroke remains ineffective and prevention is the key issue for this common disease Norris and Hachinski have recruited an international group of experts to provide a comprehensive critical review of the evidence on the primary and secondary prevention of cerebrovascular disease and to translate this information into clinical practice The authors present fresh information on established risk factors such as atrial fibrillation smoking and hypertension and on new risk factors such as homocysteinemia and the paradoxical role of alcohol They cover the protective effects of lifestyle changes diet exercise and estrogen Under secondary prevention they deal with aspirin antiplatelet therapy surgical measures to prevent stroke angioplasty and stenting and the importance of cardiac anomalies increasingly revealed by high definition imaging While endarterectomy remains controversial for asymptomatic carotid stenosis it has been clearly defined as the single most effective strategy in secondary prevention In a concluding section that will be particularly valuable to clinical readers the authors provide a lucid balanced discussion of how the findings from clinical trials where patients are highly selected closely monitored and given the highest standard of care can be effectively applied in the everyday practice of medicine **Stroke E-Book** J. P. Mohr, Philip A. Wolf, Michael A. Moskowitz, Marc R Mayberg, Rudiger Von Kummer, 2011-05-13 First published in 1986 under the editorial direction of Dr Henry J M Barnett Stroke Pathophysiology Diagnosis and Management continues to provide the dependable current answers you need to effectively combat the increasing incidence of this disease Dr J P Mohr together with new associate editors Philip A Wolf James C Grotta Michael A Moskowitz Marc Mayberg and Rudiger von Kummer as well as a multitude of expert contributors from around the world offer you updated and expanded coverage of mechanisms of action of commonly used drugs neuronal angiogenesis and stem cells basic mechanisms of spasm and hemorrhage prevention of stroke genetics predisposing risk factors and much more equipping you to understand the latest scientific discoveries and make effective use of the newest approaches to diagnosis and treatment Gain fresh perspectives and up to date insights from the world's leading

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Hachinski,2001-04-12 The treatment of stroke remains ineffective and prevention is the key issue for this common disease Norris and Hachinski have recruited an international group of experts to provide a comprehensive critical review of the evidence on the primary and secondary prevention of cerebrovascular disease and to translate this information into clinical practice The authors present fresh information on established risk factors such as atrial fibrillation smoking and hypertension and on new risk factors such as homocysteinemia and the paradoxical role of alcohol They cover the protective effects of lifestyle changes diet exercise and estrogen Under secondary prevention they deal with aspirin antiplatelet therapy surgical measures to prevent stroke angioplasty and stenting and the importance of cardiac anomalies increasingly revealed by high definition imaging While endarterectomy remains controversial for asymptomatic carotid stenosis it has been clearly defined as the single most effective strategy in secondary prevention In a concluding section that will be particularly valuable to clinical readers the authors provide a lucid balanced discussion of how the findings from clinical trials where patients are highly selected closely monitored and given the highest standard of care can be effectively applied in the everyday practice of medicine

Treating Individuals

Peter M. Rothwell,2007-08-10 Inspired by a hugely successful series entitled Treating Individuals originally published in The Lancet this volume will become essential reading for any professional involved with performance and evaluation of trials and systematic reviews or clinical patient care There are many books explaining the importance of evidence based medicine and how randomised clinical trials RCTs and systematic reviews should be performed However this is the first book to tackle the apparent conflict between the importance of evidence based decision making and the widely held view that it is often very difficult to apply the overall results of RCTs and systematic reviews to decisions about individual patients in routine clinical practice The book brings together experienced clinicians statisticians and trialists to focus on the two key questions that are most frequently asked by clinicians Is the evidence relevant to my clinical practice How can I judge whether the probability of benefit from treatment in my current patient is likely to differ substantially from the average probability of benefit reported in the relevant trial or systematic review These questions are addressed from methodological and clinical perspectives and potential approaches to improving the targeting of treatment are considered with detailed reviews of several areas of medicine and surgery where useful progress has been made

Handbook of

Stroke Prevention in Clinical Practice Karen L. Furie,Peter J. Kelly,2004-04-28 Despite major advances in the

understanding of stroke mechanisms that have occurred over the past quarter century stroke continues to rank among the leading causes of death and disability worldwide Although currently it may be difficult to believe early doubts were expressed as to whether inter ventions in risk factors for either coronary disease or stroke would actually lead to a reduction in the incidence of these disorders However large clini cal trials in hypertension carotid disease atrial fibrillation and antithrombotic and antiplatelet therapies have effectively demonstrated the efficacy of these targeted interventions in reducing stroke incidence More recently after earlier uncertainty regarding the role of elevated lipids as a risk factor for stroke clinical trials of the statins have also demonstrated a significant reduction in the incidence of ischemic stroke However as em phasized in Handbook of Stroke Prevention in Clinical Practice despite these gains and the initial decline in stroke incidence that did occur in the 1960s and 1970s the incidence of stroke disappointingly has failed to show a fur ther significant decline since that time The editors of Handbook of Stroke Prevention in Clinical Practice raise the very important question of whether recognized strategies for stroke preven tion have been widely or effectively implemented They correctly empha size the critical importance of identifying the mechanism of stroke in each patient so as to properly direct prevention and treatment As Dr *Management of Stroke* Harold P. Adams, Gregory J. Del Zoppo, Rudiger Von Kummer, 2006 Diagnosis evaluation imaging emergency evaluation and management management of hemorrhagic stroke therapies to restore or improve blood flow neuroprotective therapies and secondary prevention of stroke are discussed Algorithms are presented for evaluation of suspected stroke ordering of tranesophageal or transthoracic echocardiography assessment prior to treatment with rt PA and prevention of stroke

Acute Stroke Treatment Amitabh Prakash, 2000

How to Prevent a Stroke Peggy Jo Donahue, 1989 A virtual encyclopedia of stroke information this brims with facts and sound counsel collected from some of the nation s leading medical experts Donahue former editor of Executive Fitness News walks the reader through a stroke risk assessment suggests dietary modifications and exercise strategies and makes recommendations for dealing with the medical establishment and myriad tests and procedures For those who have experienced the effects of a stroke coping strategies and other resources are discussed For others who have not yet contended with these hard facts Donahue s advice drives home the point that a stroke is better prevented than treated As she points out we ve increased our chances of surviving a stroke more than six fold in less than 50 years And the difference is stroke prevention Her sagely optimistic book is essential reading for those who seek active involvement in their own or their loved ones health Jan Publisher s Weekly

Antithrombotic Therapy in Prevention of Ischemic Stroke Richard C. Becker, Frederick A. Spencer, 2010 Stroke is the most common cause of adult mortality in the United States Antithrombotic agents form the mainstay of stroke prevention Aspirin produces a modest reduction in the risk of second stroke and transient ischemic attack TIA mini stroke and is widely recommended for initial therapy The thienopyridines Ticlid and clopidogrel Plavix are alternatives for secondary prevention in patients who do not respond to or cannot take aspirin They are no more effective than aspirin and have been associated

with thrombotic thrombocytopenic purpura The combination of aspirin and extended release dipyridamole Aggrenox has several mechanisms of action and an additive effect on reducing stroke risk compared with either agent alone A 2 fold increase in risk reduction and favorable safety profile suggest that the combination can serve as first line prophylaxis against a second stroke This volume as part of the Oxford American Pocket Note series provides the clinician with up to date information on the guidelines and therapeutic options in recurrent stroke TIA prevention Useful features include treatment algorithms illustrations medication tables charts and figures to enable both the specialist and the primary provider to ensure the best options to their patients in order to prevent the recurrence of stroke TIA

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