

2024 FANTASY FOOTBALL NON-PPR LEAGUE TOP PLAYERS BY POSITION CHEAT SHEET

Barrie.	Player	Team	FP.
1	Tyronic Hill	MARKA.	226.7
2	CesDee Lamb	DAY.	220.4
3	Jis Morr Chase	CRM	207.0
4	Justin Jefferson	MARKET .	2:05.0
5	Amon-Re St. Brown	DET	2:01.2
6	A.J. Brown	PHO	182.8
7	Pulsa Niscura	LA	181.2
0	Gurrett Willson	New Jr	175.0
9	Drake London	SATIL	172.2
100	Nico Colina	HICHUI	169.2
11	Marvin Harriston Jr.	ARII	165.1
12	Cooper Kupp	LA	164.2
13	Otros Osavo	140	163.5
14	Milion Evapres	TO	160.4
15	Jaylen Waddle	MARIA	158.4
166	Destro-Samuel	SF	158.2
17	Davante Adams	LV	152.4
18	DUK. Metcual	590A	152.5
10	Tee Higgins	CRM	151.2
20	Delivorata Smith	6940	149.6
21	Sheton Diggs	HICKU	148.8
22	D.J. Mecore	CHI	147.5
23	Turnis Dest	HIOU	147.0
24	Brandon Ayruk.	587	145.2
25	Zay Filowers	IDAL.	144.0
26	Malik Nabers	avency.	144.0
27	Rushies Rice	P0C3	144.1
28	Michael Pittman Jr.	IND	140.2
29	Amari Cooper	CLE	143.0
30	Tierry McLauren	WYSH	140.2

	Tight End		
	Player	Team	
1	Sam LaPorta	DET	158.5
2	Travis Kelos	ROC	156.4
3	Trey McBride	WHILE	5.43.8
46	Mark Windows	BAN.	9.40.5
5	Kyle Pitts	ATIL	343.3
6	Dalton Kincald	SHUP!	135.6
7	George Kittle	5947	523.6
В	Even Engrem	JANG	1112.7
9	Jake Fergusion	IDMN.	11113
1.0	David Njoku	CILE	1008.6
3.3	Brock Bowers	N.W	94.2
1.2	Delton Schultz	HOU	90.0
1.0	Deltes Goedert	P940	366.7
1.4	Pat Evolormuth	PAT	82.6
1.5	Luke Musgrave	0.0	77.3
1.6	Juwan Johnson	NACH	76.3
17.	Chigostem Okonkwo	TIEN	75.6
1.8	Reside's Library	BANK.	69.6
1.9	Nosh Fant	SEA.	69.2
20	Hunter Henry	0.00	66.7

Rank.	Player	Team	PP
1	Christian McCaffrey	597	313.9
2	Breece Half	NYS	254.8
3	Bijan Robinson	ACUL	252.6
4	Jonathan Taylor	1840	233.1
5	Diamick Henry	BMAL.	220.0
6	Jahrnyr Gibbs	DET	222.5
7	Sequen Barkley	Pela	220.1
6	Kyron Williams	LA	210.5
9	Alvin Kamara	NO	215.4
10	Travis Etienne	JAC	213.3
11	Joe Mison	HICKLI	232.3
12	Josh Jacobs	CHB	210.6
1.3	DerVon Achane	TMUA	2507.2
3.49	Islah Pacheco	RIC:	200.5
1.5	Kenneth Walter III	SEA	1990.4
2.6	Flachand White	TiB	198.4
17	James Gook	BUF	1997.5
1.8	Aleron Jones	14000	180.4
19	David Montgomery	DET	172.5
200	Rhamondre Stevenson	trate	171.5
21	Zamir White	LW	1966.6
22	Nageo Harris	PIT	1465.8
23	Javonte Williams	DEN	154.3
244	Tony Poland	TIEN	151.3
25	James Conner	APR	151.0
2%	Devin Singletary	NYC.	140.5
27	Ranserm Mostert	MUA	343.5
2:0	Jaylon Warren	PAT	140.5
2:0	Chase Brown	Case	134.1
30	Existent Efforts	DAL	133.3

Florest.	Plagran	Team	PP-
1.	Josh Allen	BUF	374.6
2	Jolon Hurss	FN-61	370.7
3	Lamar Jackson	BAL.	360.6
4	Patrick Mahornes	HOC	353.9
5-	C.J. Stroud	HOU	021.8
6	Anthony Richardson	INC	321.7
7	Joe Burrow	CIN	333.7
8	Disk Prescott	DAL.	3/10/9
9	Klyfor Murray	AVE	310.3
50	Caleb Williams	CHI	296.0
2.2	Jordan Love	CHB	292.2
5.2	Trevor Lewisence	JAKC	290.0
5.3	Jayden Deniels	WSH	269.4
5.4	Brock Pundy	SF	265.8
3.5	Tue Tagovalion	MIA	284.1
26	Jared Goff	CET	202.0
17	Kirk Cousins	AUL	261.1
16	Justin Horbert	LAC	280.9
2.9	Deshaun Watson	CILIE	277.0
20	Auron Floogers	IMPKU	274.5

	Kielinen.		
Floresh.	Player	Thomas	Fig.
2	Nick Folk	TEN	156.0
2	Jake Elliott	F9-8	154.1
3	Brandon Autony	DAL.	152.7
4	Cameron Dicker	LAG	152.5
5	Caino Santice	CHE	149.5
6	Anders Cartson	CAB	147.7
7	Karteni Fairtpains	HONU	147.2
6	Harrison Butker	HOCI	146.3
0	Jason Sanders	MUA	144.5
50	Eddy Pineiro	CAR	143.3

Defense			
Phone in	Player	Team	FP
1	Baltimore D/S/T	BAL	137.4
2	Kernson City DIST	KC:	134.0
3	Philadelphia DrST	Pers	132.3
4	Cincinnati D/ST	CIN	1301.1
5	New York Jets DiST	NYU	128.0
6	Atlanta DrST	ATL	1298.0
7	Petisburgh DrST	PET	125.9
8	Los Angeles Chargers D/S	LAC	120.0
9	Sen Francisco D/ST	88 ⁶	122.8
10	Tampa Bay DrST	THE	122.4

FP = Projected Fentasy Points via numberFire

Bye Weeks

Week B	Liona, Chargers, Eagles, Titana
Witness St.	Chiefa, Flatra, Dolphina, Váringa
Week T	Bears, Cowtoys
White St. B.	None
Witness St	Steelers, 45ers
Wheels 10	Browns, Packers, Racters, Seichanks
Wheels 1:1	Cardinals, Panthers, Giarris, Buccaneers
Witness 12	Fatone, Bits, Bengele, Jeguere, Beinte, Jets
Winds 10	None
Wheels S.A.	Barrera Bronous Tarrera Cutta Patronia Communicario

Planking based on:
Teams; 10
Elements: 7
Q68: 1
Pi0: 2
Wife: 21
760 7
Flore: 1

Scoring based on: Pleasing TD: 4 pts Rushing yds: 10 yds/pt Receiving yds: 10 yds/pt Pleasing yds: 25 yds/pt Interceptions: -2 pts

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april 6 2021 health and wellness here are how to do the mckenzie neck exercises correctly they are by far the best exercises to do for your neck pain for a couple of very good reasons the first reason is that they are designed to put extension forces onto the lower cervical vertebrae which is exactly what you should be doing

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jul 3 2023 over time the mckenzie exercises have become synonymous with spinal extension exercises as opposed to

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