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# Zelle Instacart Best

**Thomas J. Hine**



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### **The Balanced Wealth**

**Approach** Thomas J. Hine, 2023-04-04 What good is a seven figure portfolio if you re buried six feet underground Between recessions inflation market fluctuations and the advancing ages of the Boomers and Gen X many Americans are concerned about their retirement savings and wealth management for their children and grandchildren How much will I need to save What investment vehicles are best What will my income be after I stop working Is it too late to start building generational wealth Those are all excellent questions but none of the answers address your core values In *The Balanced Wealth Approach* CFP and wealth manager Tom Hine reframes the retirement discussion by emphasizing healthcare as well as wealthcare Tom invites readers to reconsider what living a rich life truly means Combining his four decades of experience in finance with his lifetime of passion for martial arts health and fitness Tom challenges his clients and readers to make wellness their number one investment He shares the latest research and medical practices focused on longevity provides tips for improving and tracking your health and offers encouragement for mental healthcare and spiritual practice *The Balanced Wealth Approach* is a lifestyle that ties financial wealth to overall well being so you can live a long healthy prosperous life Think bigger with your wealth and your health and set your sights on a vibrant active enriching life well into your nineties and beyond

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