Difference between Adolescence and Puberty

Adolescence

- Adolescence is defined as the period of physical and psychological transition.
- It starts from around the age of 10 and lasts up to 19 years of age.
- Adolescence is a prolonged phenomenon and it generally overlaps puberty.
- It is acquired through hormones as well as practical apprehension and social maturity.

Puberty

- Puberty is defined as the physical transition that is acquired during adolescence.
- It starts from around the age of 11 to 12 years.
- Puberty is a stage within adolescence.
- It is acquired with the help of hormones, such as testosterone in case of males and progesterone in case of females.



Puberty And Adolescence

CO Houle



Puberty And Adolescence Book Review: Unveiling the Magic of Language

In an electronic digital era where connections and knowledge reign supreme, the enchanting power of language has be much more apparent than ever. Its capability to stir emotions, provoke thought, and instigate transformation is truly remarkable. This extraordinary book, aptly titled "**Puberty And Adolescence**," compiled by a very acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound effect on our existence. Throughout this critique, we shall delve in to the book is central themes, evaluate its unique writing style, and assess its overall influence on its readership.

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Puberty And Adolescence Introduction

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