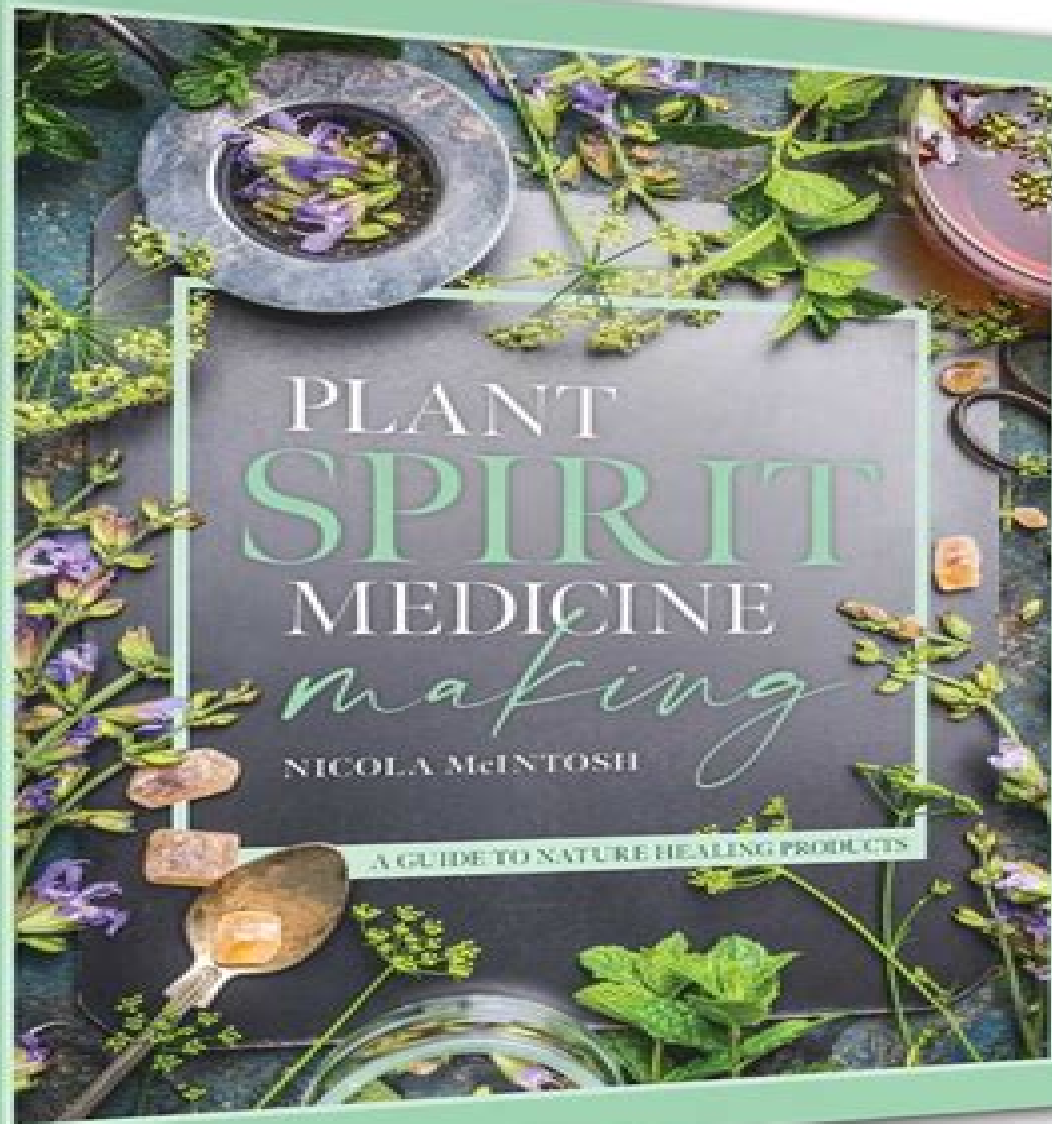


PLANT SPIRIT MEDICINE MAKING

NICOLA MCINTOSH



Plant Spirit Medicine

Pam Montgomery



Plant Spirit Medicine:

Plant Spirit Medicine Eliot Cowan, 2014-04-01 Whether you live in a mountain cabin or a city loft plant spirits present themselves to us everywhere Since its first printing in 1995 Plant Spirit Medicine has passed hand to hand among countless readers drawn to indigenous spirituality and all things alive and green In this updated edition Eliot Cowan invites us to discover the healing power of plants not merely their physical medicinal properties but the deeper wisdom and gifts that they offer Enriched by many new insights this guide unfolds as a series of chapters on how plant spirit medicine helped Cowan resolve specific challenges in his own healing journey and in his work with others In the telling we learn how plant spirits can directly communicate with and aid all of us including Plant spirit medicine's five element view of healing Ways to assess our own states of health and balance Receiving guidance from plants including those found within herbal preparations New passages on community and sacred plants such as peyote marijuana and tobacco Additional interviews with plant shamans across diverse traditions and more

Plant Spirit Medicine NICOLA MCINTOSH, 2022-11-02 Plant spirit medicine what is it Our modern world is travelling at such a speed we have become separated from the natural world which should be sustaining us physically emotionally and spiritually This book is about reconnecting with nature and the plants in our environment it's also about learning to listen to the plants and applying what they have to tell us to mend that disconnection Indigenous peoples from all around the world have worked with plant spirits for thousands of years and this is how they came to know what specific plants were used for In this book you will learn how to listen to the plant spirits and how to access the medicine available through plants You will also learn about plant spirit medicine making from drying herbs to extracting plant properties to infusing oils as well as how to make ointments lotions creams smudge sticks and many more herbal products Plant Spirit Medicine Making can help heal the parts of our soul and psyche that so desperately need it at this time in the story of humanity

The Healing Spirit of Plants Clare G. Harvey, Amanda Cochrane, 1999 In all cultures and historical periods plants and flowers have been appreciated for their healing and health giving qualities This text is an introduction to the spiritual side of plant life and a practical guide to preparing plant essences for use in healing and the boosting of well being

The Divine Nature of Plants Laura Aversano, 2025-07-08 Presents the spiritual emotional and physical healing properties of 30 common plants and their spirits Explains how to intuitively energetically and spiritually connect with plant spirits and their healing medicine Shares the author's personal story of awakening to the divine powers of plant spirits Sharing her personal story of awakening to the divine powers of plant spirits medical intuitive Laura Aversano takes you on a journey deep into sacred connection with the elemental world of nature where plants are animated intelligent beings Aversano explains how to intuitively energetically and spiritually connect with plant spirits and their healing medicine including how to make your own plant spirit essences She presents the stories and remedies of 30 common plants including Astragalus Black Cohosh Lilac Motherwort and Violet whose spirits she has worked with for years to nurture herself and her

friends family and clients She shares her inner experience with each plant including visitations from the fairy deva or spirit that endows and protects each plant For each plant she includes a plant spirit prayer and explores the plant s spiritual emotional and physical healing properties Revealing that each plant has a divine purpose to help us heal Aversano shows how we each have the power to come into divine relationship with the plant kingdom to heal ourselves and our loved ones

Touched by Nature Pip Waller,Lucy Wells,2019-04-09 Touched by Nature is about the incredible healing power of plants Just as their bodies are able to heal our bodies as evidenced by the many successes of herbal medicine so their spirit or energy offers much needed help to our spirits This book is specifically about five element based plant spirit medicine as developed by renowned international healer and teacher Eliot Cowan Pip and Lucy trained with Eliot and have been practising the medicine since 2005 They see Plant Spirit Medicine as a very much needed medicine for our time and wanted to offer an accessible way into understanding its power and potential Story telling offers that way The book speaks in many voices and it is a combination of narrative and description by the authors as well as stories offered by colleagues teachers patients and students The theme of the journey is used throughout the journey of life which presents us with the challenges and struggles that call us toward the healing offered by deep nature connection the journey of the seasons which encapsulates five element understanding journeys of personal healing and growth experienced from receiving the medicine the shamanic dream journey in which humans can meet and interact with plant spirits directly through our imagination and beyond the journey a person must undertake to become a healer and the part plant spirit medicine offers to play in the journey of our societies as we navigate this time of great imbalance and change returning to a time when the songs and stories of the earth are once more able to be heard *Plant Spirit Medicine* Eliot Cowan,1999 **Plant Spirit Healing**

Pam Montgomery,2008-01-30 A hands on approach to working with the healing powers of plant spirits Explores the scientific basis underlying the practices of indigenous healers and shamans Illuminates the matrix where plant intelligence and human intelligence join Reveals that partnering with plants is an evolutionary imperative Indigenous healers and shamans have known since antiquity that plants possess a spirit essence that can communicate through light sound and vibration Now scientific studies are verifying this understanding Plant Spirit Healing reveals the power of plant spirits to join with human intelligence to bring about profound healing These spirits take us beyond mere symptomatic treatment to aligning us with the vast web of nature Plants are more than their chemical constituents They are intelligent beings that have the capacity to raise consciousness to a level where true healing can take place In this book herbalist Pam Montgomery offers an understanding of the origins of disease and the therapeutic use of plant spirits to bring balance and healing She offers a process engaging heart soul and spirit that she calls the triple spiral path In our modern existence we are increasingly challenged with broken hearts souls in exile and malnourished spirits By working through the heart we connect with the soul and gain access to spirit She explains that the evolution of plants has always preceded their animal counterparts and that

plant spirits offer a guide to our spiritual evolution a stage of growth imperative not only for the healing of humans but also the healing of the earth

Plant Spirit Medicine Eliot Cowan,1995 Explores an old way of healing through the spirit of plants

Plant Spirit Shamanism Ross Heaven,Howard G. Charing,2006-08-03 An in depth look at the role of plant spirits in shamanic rituals from around the world Shows how shamans heal using their knowledge of plant spirits as well as the plant s medical properties Explores the core methods of plant shamanism soul retrieval spirit extraction and sin eating and includes techniques for connecting with plant spirits Includes extensive field interviews with master shamans of all traditions In Plant Spirit Shamanism Ross Heaven and Howard G Charing explore the use of one of the major allies of shamans for healing seeing dreaming and empowerment plant spirits After observing great similarities in the use of plants among shamans throughout the world they discovered the reason behind these similarities Rather than dealing with the medical properties of the plants or specific healing techniques shamans commune with the spirits of the plants themselves From their years of in depth shamanic work in the Amazon Haiti and Europe including extensive field interviews with master shamans Heaven and Charing present the core methods of plant shamanism used in healing rituals the world over soul retrieval spirit extraction sin eating and the Amazonian tradition of pusanga love medicine They explain the techniques shamans use to establish connections to plant spirits and provide practical exercises as well as a directory of traditional Amazonian and Caribbean healing plants and their common North American equivalents so readers can explore the world of plant spirits and make allies of their own

The Healing Spirit of Plants Clare G. Harvey,Amanda Cochrane,2001 A guide to over 80 species of plants that can be used for mental healing using therapies such as aromatherapy smudging homeopathy medicine bundles and more

A Journey to Spirit Plant Medicine Cindy VanDusen,Jerry Ruderman,2020-11-23 A Journey to Plant Spirit Medicine will show you how the spirit of the plant can assist you on your journey while healing and taking you from a state of pain to comfort enlightenment and growth The intention of this book is to educate you on the relevance of how to prepare yourself physically emotionally and spiritually for San Pedro and Ayahuasca Ceremonies in order for you to have a full and conscious participation with benefits You will learn the pros and cons along with its origins as well as how to incorporate Plant Spirit Medicine as part of your healing routine The learnings from Angels will connect you with your true self while allowing you to become more aware of their messages that surround you Discover how to implement these messages and how to benefit from them so you can achieve your goals and your desires

Plant Spirit Healing Buford Lootens,2021-06-08 Since antiquity indigenous healers and shamans have recognized that plants have a spiritual element that can communicate through light sound and vibration This idea is now being validated by scientific findings Plants like humans have spirits And we may collaborate with them to harness their plant intelligence for natural healing through holy plant initiations In this short reading book designed to be read in under an hour you will learn how to harness the power of plant spirit healing You ll discover how to work with the plant s spirit in practical ways

Journeys with Plant Spirits Emma Farrell,2021-09-28

Presents meditation journeys with specific plant and tree spirits such as Mugwort Rosemary Dandelion Yew Elder and Wormwood Details how to achieve a calm mind cleanse your energy field and connect with your heart in preparation for meditating with the plants Includes a progressive series of introductory meditations adapted from wisdom traditions to lay the foundation for working with plant spirits In this book Emma Farrell explains how to take your connection and relationship with nature to a deeper level and access plant spirit healing through meditation with plants Exploring the nature of plant consciousness and how plants perceive she details how to achieve a calm mind cleanse your energy field and connect with your heart in preparation for meditating with plants and trees showing how the plants can support us not only in the cleansing process but also in teaching us how to sense what is in our energy field Offering a progressive series of preparatory meditations adapted from shamanic and indigenous wisdom traditions the author reveals how to lay the foundation for working communicating and developing relationships with plant and tree spirits for personal development spiritual connection and inner peace She then presents meditation journeys with specific plant spirits focusing on the frequencies within the plant s bioresonance that will assist you For example the meditation with Mugwort works with the plant spirit s qualities of alignment and self awareness to assist you with grounding and developing inner vision while the meditation with Dandelion helps you break old habits by working with the plant s qualities of release reconnection and fearlessness Revealing how each plant is an expression of the soul force of Mother Nature and carries a unique blend of her medicine and wisdom this book details step by step how to effectively work with plant spirits for emotional and spiritual healing enabling you to awaken the eternal spirit or soul to become truly multidimensional and whole

The Healing Spirit of Plants Clare G. Harvey, 1999 Use the healing energy of plants through the remedies rituals and inner life of the natural world Legends shamanistic principles and imagery old and new reveal the significance of plant spirits and how to interpret their message Related techniques such as chakras and meditation along with charts and sidebars guide practical work with spirit bundles smudging aromatherapy infusions tisanes and homeopathic preparations A plant encyclopedia includes over 100 revered species

[Plant Spirit Journey](#) Laura Silvana, 2009 Explore the mystical realm of the plant kingdom and discover a hidden source of power and healing Born with the ability to see and hear spirits intuitive Laura Silvana s mediumship abilities extend into the world of nature Her fascinating true story includes knowledge gained from a spirit shaman who taught her how to work with the beneficial energies of plants Silvana tunes in to individual flowers and herbs and lets the spirits of the plants speak for themselves For example dandelions possess a whimsical vibration to help counteract despair Lilacs offer contentment and stability during times of transition Red clover is a powerful healer that inspires courage will and determination This guide reveals the spiritual and emotional healing properties of 30 versatile plants and gives simple instructions for making plant spirit remedies at home Both the plants and the ailments they treat are cross referenced so you can easily find the information you seek

Plant Spirit Healing Pam Montgomery, 2008-01-30 A

hands on approach to working with the healing powers of plant spirits Explores the scientific basis underlying the practices of indigenous healers and shamans Illuminates the matrix where plant intelligence and human intelligence join Reveals that partnering with plants is an evolutionary imperative Indigenous healers and shamans have known since antiquity that plants possess a spirit essence that can communicate through light sound and vibration Now scientific studies are verifying this understanding Plant Spirit Healing reveals the power of plant spirits to join with human intelligence to bring about profound healing These spirits take us beyond mere symptomatic treatment to aligning us with the vast web of nature Plants are more than their chemical constituents They are intelligent beings that have the capacity to raise consciousness to a level where true healing can take place In this book herbalist Pam Montgomery offers an understanding of the origins of disease and the therapeutic use of plant spirits to bring balance and healing She offers a process engaging heart soul and spirit that she calls the triple spiral path In our modern existence we are increasingly challenged with broken hearts souls in exile and malnourished spirits By working through the heart we connect with the soul and gain access to spirit She explains that the evolution of plants has always preceded their animal counterparts and that plant spirits offer a guide to our spiritual evolution a stage of growth imperative not only for the healing of humans but also the healing of the earth *Wisdom of the Plant Devas* Thea Summer Deer, 2011-08-19 Consulting plant spirits for spiritual and psychological guidance and healing Reveals how by communing with the deva or spirit of a plant we can call forth its medicine without even needing to ingest it Includes wisdom from the devas of 13 herbs such as rosemary datura and uva ursi Empowers readers with the tools to develop their own inner resources for healing in relationship with the plant devas around them Each plant has a story to share with us a healing story to guide us in trying times a spirit medicine for the New Earth that is presently unfolding Herbs are some of the most powerful allies we have for these transitional times we just need to learn how to listen as they share their knowledge with us In *Wisdom of the Plant Devas* Thea Summer Deer reveals a new dimension of herbal medicine one where the plant's spirit is consulted for guidance and healing beyond the physical Examining the botany modern and traditional uses history and folklore of 13 special herbs such as rosemary uva ursi and datura she shares divinations and messages from their devas or plant spirits explaining how these stories carry the herbs into our lives letting them work their magic on us Exploring herbal medicine from an energetic perspective she reveals that by communing with the deva of a plant we can call on the plant's physical psychological and spiritual medicine and guidance without ingesting it or even being in its presence Detailing the sacred space of a Medicine Wheel Garden whether in a backyard or our imaginations she connects us with the devas and empowers us to seek our own answers with their much needed spiritual guidance and divinatory advice Creating a bridge between botanical medicine and plant spirit medicine she shows how by coming into community with the devas and co creating with the world of nature we can gain tremendous insights to help heal our hearts our minds and our spirits and consciously evolve as together we birth the New Earth **Plant Spirit Medicine** Micáela Coria-Carew ND

LAC,2018-03 **The Plant Spirit Oracle** Dana O'Driscoll,2020-02-09 The Plant Spirit Oracle is a 50 card oracle deck that introduces you to some of North America s most powerful healing plant allies This book which serves as the companion to the deck offers a wealth of information about the plants in the series divination meanings identification and ecology information herbalism and herbal recipes and crafts In addition to describing unique card spreads and how to use the Plant Spirit Oracle as a divination system the book features a chapter on advanced work that covers ritual uses plant spirit communication and plant spirit journeying An additional chapter on practicing herbalism and how to successfully grow and prepare a variety of plant medicines is included Enter the amazing world of plant spirit medicine with the Plant Spirit Oracle **Spirit**
Medicine Jason Baird Jackson,2002

This book delves into Plant Spirit Medicine. Plant Spirit Medicine is an essential topic that needs to be grasped by everyone, from students and scholars to the general public. The book will furnish comprehensive and in-depth insights into Plant Spirit Medicine, encompassing both the fundamentals and more intricate discussions.

1. This book is structured into several chapters, namely:

- Chapter 1: Introduction to Plant Spirit Medicine
- Chapter 2: Essential Elements of Plant Spirit Medicine
- Chapter 3: Plant Spirit Medicine in Everyday Life
- Chapter 4: Plant Spirit Medicine in Specific Contexts
- Chapter 5: Conclusion

2. In chapter 1, the author will provide an overview of Plant Spirit Medicine. This chapter will explore what Plant Spirit Medicine is, why Plant Spirit Medicine is vital, and how to effectively learn about Plant Spirit Medicine.
3. In chapter 2, this book will delve into the foundational concepts of Plant Spirit Medicine. The second chapter will elucidate the essential principles that need to be understood to grasp Plant Spirit Medicine in its entirety.
4. In chapter 3, this book will examine the practical applications of Plant Spirit Medicine in daily life. This chapter will showcase real-world examples of how Plant Spirit Medicine can be effectively utilized in everyday scenarios.
5. In chapter 4, this book will scrutinize the relevance of Plant Spirit Medicine in specific contexts. This chapter will explore how Plant Spirit Medicine is applied in specialized fields, such as education, business, and technology.
6. In chapter 5, this book will draw a conclusion about Plant Spirit Medicine. This chapter will summarize the key points that have been discussed throughout the book.

The book is crafted in an easy-to-understand language and is complemented by engaging illustrations. This book is highly recommended for anyone seeking to gain a comprehensive understanding of Plant Spirit Medicine.

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Plant Spirit Medicine Introduction

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