# 48 SLEP HACKS

DRAMATICALLY IMPROVE YOUR SLEEP AND ENERGY



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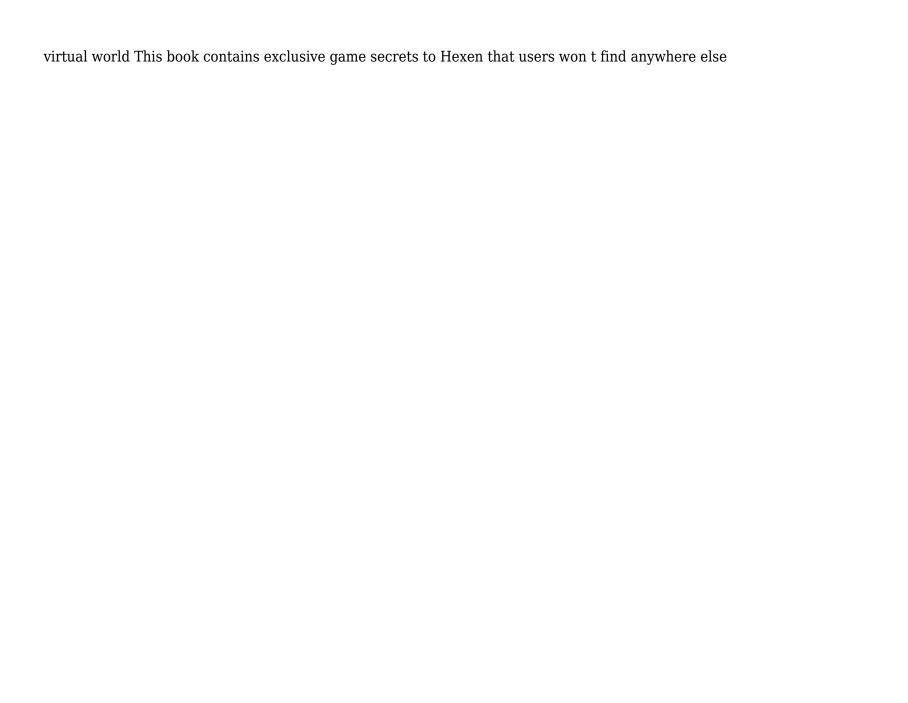
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