# Self-Disclosure

Theory, Research, and Therapy

VALERDAN & DEREEGA .... POMEN IL BERG

# **Self Disclosure Theory Research And Therapy**

**Yi-Tong Ma** 

#### **Self Disclosure Theory Research And Therapy:**

**Self-Disclosure** Valerian J. Derlaga, John H. Berg, 2013-11-11 Decisions about self disclosure whether to reveal one s thoughts feel ings or past experiences to another person or the level of intimacy of such disclosure are part of the everyday life of most persons. The nature of the decisions that a person makes will have an impact on his or her life. They will determine the kinds of relationships the person has with others how others perceive him or her and the degree of self knowledge and awareness that the person possesses The study of self disclosure has interested specialists from many disciplines including personality and social psychologists clinical and counseling psychologists and communications researchers Our book brings together the work of experts from these various disciplines with the hope that knowledge about work being done on self disclosure in related disciplines will be increased A strong emphasis in each of the chapters is theory development and the integration of ideas about self disclosure The book s chapters explore three major areas including the interrelationship of self disclosure and personality as well as the role of self disclosure in the development maintenance and deterioration of personal relationships and the con tribution of self disclosure to psychotherapy marital therapy and counseling Psychotherapy Barry Alan Farber, 2006-07-17 Concise clear and featuring numerous clinical examples this is the first book to include empirical studies of supervisor supervisee disclosure plus extensive research on patient therapist disclosure Other **Unklare Öffentlichkeit** Jakob Jünger, 2017-06-29 Ausgehend von unique topics include disclosure issues in child therapy einer expliziten Definition des ffentlichkeitsbegriffs entwickelt Jakob J nger die Theorie unklarer ffentlichkeit und berpr ft diese empirisch Er zeigt dass ffentlichkeit nicht nur eine makrosoziologische Entit t sondern mikrosoziologisch eine Eigenschaft von Situationen ist auf Facebook genauso wie an Bushaltestellen Dabei ist unklare ffentlichkeit in Form von Uneindeutigkeit Inkongruenz Unsicherheit und Komplexit t der theoretische Normalfall Indem aber unklare ffentlichkeit praktisch vermieden wird ist ffentlichkeit gleichzeitig Ergebnis und Grundlage individuellen Verhaltens Handbook of Relationship Initiation Susan Sprecher, Amy Wenzel, John Harvey, 2018-09-05 The Handbook of Relationship Initiation is the first volume to focus specifically on the very beginning stage of relationships their origin In this Handbook leading scholars on relationships review the literature on various processes related to the initiation of relationships how people meet communicate for the first time and begin to define themselves as being in a relationship Topics include attraction mate selection influence of social networks on relationship initiation initiation over the internet hook ups among young adults and flirting and opening gambits In addition the dark side of relationship initiation is considered including unwanted relationship pursuit and barriers to relationship initiation including social anxiety. This volume provides an overdue synthesis of the literature on this topic It is especially timely in view of the growing prevalence on relationship initiation online through matchmaking and other social networking sites which has increased awareness that science can be used to understand create and facilitate compatible matching This Handbook provides an essential resource for an interdisciplinary range of

researchers and students who study relationships including social psychologists communication scientists and scholars of marriage and the family Counseling Psychology Mark M. Leach, 2017-03-02 Since its beginnings after WWII Counseling Psychology has grown to become an applied specialty within psychology with unique areas of emphasis This book introduces readers to the field by presenting its history emphases trends and relationships to other areas within psychology followed by seminal articles that have significantly influenced counselors and researchers. The volume is organized around the six general themes of history and professional development personal counseling career counseling cross cultural counseling counseling process and outcome and internationalizing Counseling Psychology In presenting articles representing these six themes that have defined counseling psychology readers are given an essential overview to the past the present and future directions of this applied specialty in psychology Therapist Self-Disclosure Graham S. Danzer, 2018-09-03 Therapist Self Disclosure gives clinicians professional and practical guidance on how and when to self disclose in therapy Chapters weave together theory research case studies and applications to examine types of self disclosure timing factors and dynamics of the therapeutic relationship ethics in practice and cultural demographic and vulnerability factors Chapter authors then examine self disclosure with specific client populations including clients who are LGBTQ Christian multicultural suffering from eating disorders or trauma in forensic settings at risk for suicide with an intellectual disability or are in recovery for substance abuse This book will very helpful to graduate students early career practitioners and more seasoned professionals who have wrestled with decisions about whether to self disclose under various clinical circumstances Modern China Susan Sprecher, 2013-01-22 First published in 1997 Routledge is an imprint of Taylor Francis an informa company Encyclopedia of Human Relationships Harry T. Reis, Susan Sprecher, 2009-03-15 Library Journal Best Reference 2009 An excellent gateway to further examination of any of the subdisciplines of relationship science or as a research tool in its own right Library Journal Relationships are fundamental to nearly all domains of human activity from birth to death When people participate in healthy satisfying relationships they live work and learn more effectively When relationships are distressed or dysfunctional people are less happy less healthy and less productive Few aspects of human experience have as broad or as deep effects on our lives The Encyclopedia of Human Relationships offers an interdisciplinary view of all types of human associations friends lovers spouses roommates coworkers teammates parents and children cousins siblings acquaintances neighbors business associates and so forth Although each of these connections is unique in some respect they share a common core of principles and processes These three volumes provide a state of the art review of the extensive theories concepts and empirical findings about human relationships Key Features Compiles leading edge information about how people think feel and act toward each other Presents the best in the field authors who have contributed significant scientific knowledge about personal relationships over the past several decades Offers a diverse approach to relationship science with contributions from psychology sociology communication family studies anthropology physiology neuroscience history economics and legal

studies Key Themes Cognitive Processes in Relationships Communication Processes Creating and Maintaining Closeness Dating Courtship and Marriage The Dark Side of Relationships Emotion Processes in Relationships Family Friendship and Caregiving in Adulthood Health and the Biology of Relationships Methods for Studying Relationships Personality and Individual Differences Prevention and Repair of Relationship Problems Psychological Processes Sexuality Social Context of Relationships Social Relations in Childhood and Adolescence Theoretical Approaches to Studying Relationships Types of Relationships Our relationships influence virtually all aspects of our everyday existence and are of deep interest to students researchers academics and laypeople alike This Encyclopedia is an invaluable addition to any academic or public library

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