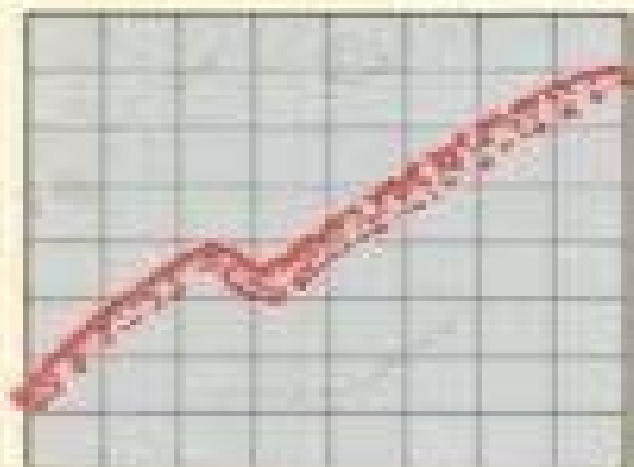


# RECOVERY AT WORK

A Clean and Sober Career Guide



**Carol Cox Smith, M.A. Ed.**

With a Foreword by James M. Schauster, Ph.D.

# Recovery At Work The Clean And Sober Career Guide

**Tao Wei**



## **Recovery At Work The Clean And Sober Career Guide:**

**Recovery at Work** Carol Cox Smith,1990      *Removing the Roadblocks* Marsha Vannicelli,1992-02-14 Based on the author's 18 years of experience supervising group therapists this quintessentially practical book is designed to help practitioners think through and formulate appropriate strategies in their clinical work Utilizing many clinical examples and providing explanations throughout for her interventions Vannicelli pays special attention to the therapeutic stance where the clinician positions him or herself in relation to the patient and why and how various strategies and techniques maximize the patient's opportunity for therapeutic growth A hallmark of Dr Vannicelli's approach richly illustrated in this work is her sensitivity to countertransference and the ways it can be used productively in clinical practice Alone among books in the substance abuse field REMOVING THE ROADBLOCKS analyzes the group therapy issues that arise in the three populations most commonly seen in substance abuse clinics substance abusers themselves adult children of alcoholics and other family members The author describes characteristics unique to each population and addresses overlap among them in terms of basic procedures formats and hurdles that group leaders face The book also differs from most psychotherapy texts by giving the reader an opportunity to hear the voice of an experienced therapist as she provides examples of various kinds of interventions and demonstrates how they might actually be communicated and implemented Rather than reading about psychotherapy or about various kinds of problems one has the sense of experiencing a thorough consultation with a truly seasoned supervisor A particularly useful feature is the appendix at the end of the volume which provides examples of assessment and intake questionnaires history questionnaires ground rules for treatment contracts and other practical materials Designed for all mental health professionals who work with substance abusers the book's focus on practical clinical issues also makes it ideal for paraprofessionals It is an excellent text for courses on substance abuse in social work psychology nursing and other disciplines as well as for courses in group psychotherapy      Addiction-Free Gene Hawes,Anderson Hawes,2025-06-25 A thorough guide about how to get help for a friend or loved one who is having problems with alcohol or other drugs Provides places names numbers who to call what questions to ask and what to expect This invaluable guide includes six initial options for getting into recovery The AA treatment program Interventions detox and rehab Work related programs Al Anon Law enforcement programs Therapeutic communities Addiction Free How to Help an Alcoholic or Addict Get Started on Recovery is a much needed guide for everyone whose life is touched by addiction

*Using Bibliotherapy in Clinical Practice* John T. Pardeck,1993-10-26 Pardeck provides mental health professionals with readily available information on self help books that can be effectively used with various clinical problems The materials presented can also be used by those not necessarily trained in clinical intervention this group would include parents teachers and librarians The approach offered bibliotherapy is an emerging clinical technique There are over 400 self help books presented and annotated that focus on chemical dependency coping with change family violence and dysfunctional families

parenting personal growth serious illness social relationships and divorce and blended families      **Mid-Life Issues and the Workplace of the 90s** Shirley Waskel,1991-05-30 The median age of workers in the United States will reach 36 by the year 2000 The number of workers between the ages of 35 and 47 will increase by 38 percent while those aged 48 to 53 will grow by a staggering 67 percent This middle aging of the work force brings with it unique employee issues and personal mid life stresses that affect work performance Shirley A Waskel suggests that as the number of workers aged 35 to 55 increases human resource managers will have to deal increasingly with problems that once applied only to a minority Her book addresses the need to retain mid life workers see them as assets and provide avenues for them to enhance their own sense of self Mid life as a developmental stage has come into its own in the past fifteen years Waskel presents the mid life individual as an adult who has brought along the behaviors coping mechanisms sense of self and problems developed from infancy to the present day Her study explains the problems that mid life employees can bring to the workplace the need to recognize how the worker produces and the recognition that mid life is a time when people begin to deal more intensely with issues left over from childhood These childhood issues added to workplace problems such as age sex and race discrimination sexual harassment ineffective job placement and lack of appreciation for the skills and expertise of the mid life employee can all work against achieving a highly productive work force Waskel discusses why no organization with these types of problems can expect to thrive and suggests programs such as the Employee Assistance Program and counseling groups as ways for human resource specialists to meet the challenge of mid life employee difficulties Mid life Issues and the Workplace of the 90s is an indispensable guide for students and teachers of business psychology counseling and sociology as well as mid life workers and human resource specialists      **The Publishers Weekly** ,1990      **American Bookseller** ,1992      **Human Resource Management** William P. Anthony,Pamela L. Perrewe,K. Michele Kacmar,1999 Taking a strategic approach to human resource management this text integrates human resources with other functional areas such as marketing finance operations and accounting It links human resource strategies to corporate strategies demonstrating how HR fits into an organization      **A Woman's Journey to Freedom** Sandra Simpson Lesourd,1998-03      **Vocational and Technical Resources for Community College Libraries** Mary Ann Laun,1995      **The Cumulative Book Index** ,1991 A world list of books in the English language      Paperbound Books in Print ,1992      **Examining the Regulatory and Enforcement Actions of the Equal Employment Opportunity Commission** United States. Congress. House. Committee on Education and the Workforce. Subcommittee on Workforce Protections,2013      **American Journal of Public Health** ,1990-07 Includes section Books and reports      The Insider's Guide to the Psychology Major Amira Rezec Wegenek,William Buskist,2010 This book provides an overview of the psychology major subdisciplines within the field graduate programs and the admissions process career opportunities for all degree types internships and free resources for students      *12 Steps the Sequel* Wendy Ellen Coughlin,2012-06-12 Maximize your success in recovery take the 12 Sequel Steps 1 Admit you have

power 2 Recognize you are sane 3 Turn it over let go 4 Inventory your capabilities 5 Acknowledge your potential 6 Identify your talents 7 Ask for support 8 List goals and plans 9 Protect your recovery 10 Monitor your progress 11 Seek guidance 12 Encourage others

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