





Sixth Edition

SPEAK UP!

A Guide to Public Speaking

DOUGLAS M. FRALEIGH . JOSEPH S. TUMAN WITH ILLUSTRATIONS BY PETER ARKLE



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web may 25 2021 le burn out parental est caractérisé par un épuisement à la fois physique et émotionnel dans son rôle de parent une distanciation affective envers les enfants la saturation et la perte de plaisir dans ce rôle parental un contraste entre le parent d avant celui qu on voudrait être et maintenant l épuisement