b. Providing oral care for dependent client



Fig. 17 Equipments required for oral care in depending client

Procedure: The procedure with cotton balls soaked sodium bicarbonate is showed here.

Care Action	Rationale
Check client's identification and condition	 Providing nursing care for the correct client with appropriate way.
Explain the purpose and procedure to the client	 Providing information fosters cooperation and understanding
3.Perform hand hygiene and wear disposable gloves	To prevent the spread of infection.
Prepare equipments: Collect all required equipments and bring the articles to the bedside. Prepare sodium bicarbonate solutions in gallipot.	Organization facilitates accurate skill performance Solutions must be prepared each time before use to maximize their efficacy
 Nursing Alert If the client is unconscious, use plain tap water. 3) Soak the cotton ball in sodium bicarbonates solution(3 pinches / 2/3 water in gallipot) with artery forceps. 4) Squeeze all cotton balls excess solution by artery forceps and dissecting forceps and put into another gallipot 	To reduce potential infection Cleaning solutions aids in removing residue on the client's teeth and softening encrusted areas. To avoid inspiration of the solution
Close the curtain or door to the room. Put screen.	It maintains the client's privacy
Keep the client in a side lying or in comfortable position.	 Proper positioning prevents back strain Tilting the head downward encourages fluid to drain out of the client's mort and it prevents aspiration.

Procedure Checklist Fundamental Nursing

Caroline Bunker Rosdahl

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