

The background of the image features a stack of three brown cardboard gift boxes on the left, each wrapped with a red ribbon. To the right, a white ceramic cup is partially visible, decorated with a simple line drawing of a face and a red, textured heart-shaped object resting on the surface next to it. The entire scene is set against a light gray background.

# **Intermittent Fasting Gift Guide [2021]**

# Intermittent Fasting Holiday Gift Guide Compare

**N Colangelo**



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