



# Morning Routine

TO SET UP YOUR DAY FOR SUCCESS

- ☐ Don't check your phone for the first 15 minutes
- ☐ Journal 3 things you are grateful for
- ☐ Make your bed
- ☐ Drink 500 mL of water
- ☐ 5-10 minute stretch
- ☐ Brush your teeth & wash your face
- ☐ Work out for 20 minutes
- ☐ Take a cold shower
- ☐ Meditate
- ☐ Take probiotics & vitamins
- ☐ Coffee time!
- ☐ Read an article about something you want to learn about while eating
- ☐ Review your schedule to check for meetings
- ☐ Write your to-do list for the day
- ☐ Get your day started! You got this!

*Joanna Rahier.com*

# Morning Routine Tricks Free Shipping

**Montgomery Ward**



## **Morning Routine Tricks Free Shipping:**

### **The Compact eBay Sales Guide: Easy Real-World Strategies and Tips to Sell and Make Money** Michael J.

Schaefer,2014-06-13 The Compact eBay Sales Guide is designed to teach everyone from newcomers to seasoned experts the best practices for making sales and increasing earnings This handbook is for real people who often just want to clean out the closet For those who do decide to go pro this intriguing manual acts as a coach offering examples and methods to save time and earn more money You ll Learn The one true secret of the best auctions The best times and days to sell How to add free value to your products The keys to perfect feedback ratings To design a fast simple shipping policy How to take great photos Pricing for Auctions and Buy It Now listings Honest and effective customer relations How to manage problems To save time through efficiency Why people want to buy eBay items To make more than the competition while selling the same products through excellence in eBay selling These are just a few of the powerful insights built in to this book based on almost two decades of selling experience You ll learn all of my easy selling tips to seduce buyers while avoiding the rat race to the lowest price that lazy sellers get caught in A few simple techniques will market your sales to attract people with money who desire stellar presentations Stop competing against low end sellers A few simple techniques will instead market your sales to attract people with money who desire stellar presentations Selling on eBay is a modern life skill that you will quickly master

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