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Tinnitus: New Therapeutic Tools And Techniques Mehdi Abouzari, Hamid Djalilian, 2025-04-29 Tinnitus is one of the most common otologic conditions with 50 million people complaining of tinnitus in 2020 in the US alone Accepted as an individual's conscious perception of sound without external auditory stimuli that can result in a constant or fluctuating phantom ringing buzzing or whooshing sound in the ears if left untreated tinnitus can lead to debilitating physical mental and psychological problems The condition results in hundreds of millions of dollars in healthcare expenditure each year As the pathophysiology of tinnitus is not well understood there is no medication for tinnitus approved by the Food and Drug Administration FDA however several therapeutic treatments have been found to be potentially beneficial for tinnitus Edited and authored by an eminent group of tinnitus specialists from around the world this concise volume summarises the new therapeutic approaches to the management of tinnitus including dietary and lifestyle modifications cognitive behavioral therapy self help and music therapy in tinnitus treatment Discussions on the role of pharmacological and alternative therapies for tinnitus are also covered In addition three chapters are dedicated to non invasive invasive and bimodal neurostimulation This book also addresses hearing aids and hyperacusis a common associated condition with tinnitus Finally the book closes with three separate chapters on the treatment of pulsatile tinnitus tinnitus in children and stem cell therapy for tinnitus This collection is a crucial reference for advanced students researchers clinicians and members of industry specializing in or adjacent to otolaryngology

Article Collection on Human Aspects in Adaptive and Personalized Interactive Environments (HAAPIE) Vania Gatseva Dimitrova, Panagiotis Germanakos, Styliani Kleanthous, 2021-01-11

Channel Strategies and Marketing Mix in a Connected World Saibal Ray, Shuya Yin, 2019-12-14 This book aims to revisit the traditional interaction between channel strategies and the marketing mix in a connected world In particular it focuses on the following four dimensions in this context Consumers Products Value Proposition and Sustainability Keeping in mind the growing digitalization of business processes in the retail world and the move towards omni channel retailing the book introduces the state of the art academic and practitioner studies along these dimensions that could enhance the understanding of the potential impact that new technologies and strategies can have on practice in the near future When launching a new product service to market firms usually consider various components of the marketing mix to influence consumers purchase behaviors such as product design convenience value proposition promotions sustainability initiatives etc This mix varies depending on the specific channel and consumer niche that the firm is targeting But this book shows how channel strategy also influences the effectiveness in utilizing the marketing mix to attract potential customers

Mental Health Promotion and Protection Naseem Akhtar Qureshi, Samrat Singh Bhandari, Giorgio Di Lorenzo, Harshavardhan Sampath, 2023-09-13 The WHO constitution states Health is a state of complete physical mental and social well being and not merely the absence of disease or infirmity There are multiple factors that contribute towards good mental health including

civil liberties politics economics social rights and cultural diversity and quality of life of the individual and the society as a whole The promotion of mental health spans many disciplines in order to cover all these factors such as education work justice housing and welfare Therefore it is important to collaborate to create an environment that promotes and supports mental health to improve psychological well being and allow individuals to realize their own abilities work productively and contribute to society and live fulfilling lives There is no health without mental health that is vital to individuals families communities and societies across the world and so the goal of this Research Topic is to collate ideas and research of strategies for the promotion of mental health across all disciplines in order to raise awareness of mental health promotion and protection to ensure it s incorporation in national mental health policies going forwards This is of particular relevance given the mental health crisis being experienced across the world right now

Aromatherapy Kathi Keville,Mindy Green,2012-07-25 A comprehensive guide to using essential oils in health beauty and well being Aromatherapy offers countless uses for balancing body mind and spirit Drawing on 75 combined years of experience in botanical therapies Keville and Green provide a complete resource for students and practitioners This encyclopedic guide with more than 90 formulas details cosmetics perfumes and botanical therapies that will help you harness the healing power of plants to enhance your beauty health and overall well being

Smartphone Apps for Health and Wellness John Higgins,Mathew Morico,2023-01-06 Smartphone Apps for Health and Wellness helps readers navigate the world of smartphone apps to direct them to those which have had the best medical evidence in obtaining the users goal The book covers the history of apps how they work and specific apps to improve health and wellness in order to improve patients outcomes It discusses several types of apps including apps for medical care sleeping relaxation nutrition exercise and weight loss In addition sections present the features of a good app to empower readers to make their own decision when evaluating which one to use This is a valuable resource for clinicians physicians researchers and members of biomedical field who are interested in taking advantage of smartphone apps to improve overall health and wellness of patients Summarizes smartphone apps with the best evidence to improve health and wellness Discusses the most important features of an app to help readers evaluate which app is appropriate for their specific needs Presents the typical results expected when regularly using an app in order to assist healthcare providers in predicting patient outcomes

Lifestyle Medicine, Fourth Edition James M. Rippe,2024-09-20 The fourth edition of Dr James Rippe s classic Lifestyle Medicine textbook continues to lead and inform the rapidly growing field of lifestyle medicine This is the discipline that focuses on the impact of daily habits and actions on both short and long term health and quality of life The first edition of this comprehensive work named the field of lifestyle medicine in the academic medical literature The fourth edition continues to span and expand the field and offers extensive evidence based literature in virtually every aspect of lifestyle medicine This Textbook edited by cardiologist Dr James Rippe who is a leading lifestyle medicine researcher represents the combined wisdom and recommendations of over 325 experts in virtually every aspect of

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Quantitative Strategies for Achieving Alpha Richard Tortoriello,2008-12-01 Alpha higher than expected returns generated by an investment strategy is the holy grail of the investment world Achieve alpha and you've beaten the market on a risk adjusted basis Quantitative Strategies for Achieving Alpha was borne from equity analyst Richard Tortoriello's efforts to create a series of quantitative stock selection models for his company Standard Poor's and produce a road map of the market from a quantitative point of view With this practical guide you will gain an effective instrument that can be used to improve your investment process whether you invest qualitatively quantitatively or seek to combine both Each alpha achieving strategy has been extensively back tested using Standard Poor's Compustat Point in Time database and has proven to deliver alpha over the long term Quantitative Strategies for Achieving Alpha presents a wide variety of individual and combined investment strategies that consistently predict above market returns The result is a comprehensive investment mosaic that illustrates clearly those qualities and characteristics that make an investment attractive or unattractive This valuable work contains A wide variety of investment strategies built around the seven basics that drive future stock market returns profitability valuation cash flow generation growth capital allocation price momentum and red flags risk A building block approach to quantitative analysis based on 42

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