

Weekly Meal Plan

Healthy Bundle - Quick and Easy



MONDAY

Beef Stroganoff



TUESDAY

Instant Pot Broccoli
Cheese Soup



WEDNESDAY

Quinoa Salad



THURSDAY

Cauliflower Pasta



FRIDAY

Garlic Shrimp Pasta



BONUS

Crustless Quiche

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Robyn C. Frank,Holly Berry Irving



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