

# Dietway: Intermittent Fasting

dogabayram

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## About this app

Transform your body and your life with our Intermittent Fasting tool supported by AI. Achieve your dream body faster than ever and experience a healthier, more vibrant you!

100M+ (4.8/5.0) (1M+)

• The most natural way to lose weight and keep it...

Updated on  
Jul 25, 2023

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# Intermittent Fasting Video Editor Ai Tips

**Patricia Farrell, Ph.D.**



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web hodgdon universal clays hodgdon universal clays or universal for short has a well deserved reputation for being one of the most adaptable powders on the market designed for 28 gauge shotguns it s also a solid choice for 20 16 and even 12 gauge shooters universal is praised for its shot to shot consistency and is fairly easy to measure

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web apr 19 2015 posts 138 victoria top re nobel 60 powder by oldbloke sun apr 19 2015 10 39 am yes definitely shot gun powder i used it up until 20 or more yrs ago i have the 2000 adi manual not in there if i recall it was a middle of the road 12g powder i found this in an old reloading simplified book

**load data for nobel powders shotgun forum** - Jul 14 2023

web jun 4 2011 your nobel 0 powder is a rifle powder 30 06 etc and there is no shotshell data for it and the nobel 78 is a shotshell powder but the only cases it gives loads for are parallel tube types using fibre wads or eley monowads in 28 or 30 gram and eley primers the pressures vary from 2 35 to 2 65 ton s per square inch