

Pilates At Home Today

Liora Bresler

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Knowing Bodies, Moving Minds Liora Bresler, 2013-11-11 This book aims to define new theoretical practical and methodological directions in educational research centered on the role of the body in teaching and learning Based on our phenomenological experience of the world it draws on perspectives from arts education and aesthetics as well as curriculum theory cultural anthropology and ethnomusicology These are arenas with a rich untapped cache of experience and inquiry that can be applied to the notions of schooling teaching and learning The book provides examples of state of the art empirical research on the body in a variety of educational settings Diverse art forms curricular settings educational levels and cultural traditions are selected to demonstrate the complexity and richness of embodied knowledge as they are manifested through institutional structures disciplines and specific practices The Ladies' Home Journal ,2006 Ladies' Home Journal Today's Black Woman ,2003-06 **Health** ,2007 At Home and Abroad: a Series of Essays John Pendleton ,2005 Kennedy, 1872 **Spa** ,2006 TV Guide ,2005 **Ageless Beauty** Dayle Haddon, 1999-01-04 From Dayle Haddon whose face has appeared on countless magazine covers and who is the spokeswoman for L Oreal s Plenitude line of skin care

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