

eligibility. The search on these databases was completed using the terms "AND" "OR" to increase the likelihood of matches in the database.

Only the results that appeared in the first ten pages of each database were considered for inclusion in the annotated bibliography, while those that appeared in subsequent pages were excluded from the study. Each scholar whose literature fell in the inclusion criteria was the further search for other papers yielding a total of 219 papers. All these papers were further screened for validity. The final screening and filtering based on key terms, results, hypothesis, study purpose, study question, and methodology used left only five kinds of literature that were finally selected for this annotated bibliography.

Annotated Bibliography

Barnard, N. D., Levin, S. M., Gibaldi, L., & Phares, R. (2016). Turning the waiting room into a classroom: weekly classes using a vegan or a portion-controlled eating plan improve diabetes control in a randomized translational study. *Journal of the Academy of Nutrition and Dietetics*, 116(6), 1072-1079. Available at

<https://www.sciencedirect.com/science/article/pii/S2212267216306402>

Barnard et al., (2016) argue that plant-based eating plans have improved diabetes management among the elderly. According to the authors, vegan eating plans reduce weight, cholesterol concentrations, glycemia, and low-density lipoprotein to a greater extent than eating plans that rely on controlled portions. Barnard et al., (2016) noted that similar benefits are possible with weekly nutrition classes when implemented through an endocrinology practice. The study indicated that using a vegan eating plan can improve the body's ability to control weight, glycemic levels, lipid concentration, blood pressure, and renal functions. Barnard et al., (2016) concluded that the integration of weekly classes in clinical practice using portion-controlled

Pregnancy And Diabetes Annotated Bibliography

Margaret A. Powers (RD.)



Pregnancy And Diabetes Annotated Bibliography:

Pregnancy and Diabetes National Diabetes Information Clearinghouse (U.S.),1990 *Pregnancy and Diabetes* DIANE Publishing Company,1996-03-01 A great resource for diabetic women or health professionals who want to find the healthiest ways to carry out a successful pregnancy This annotated bibliography lists resources for patient and professional materials about diabetes in pregnancy Includes journal articles guides books audiovisuals developed for professional and patient education All materials have been produced since 1983 Resources are divided into the sections intended for health professionals and those for patients **Annotated Bibliography on Maternal Nutrition** ,1970 Almost 800 references to books and articles published in English from 1958 through 1968 Arranged alphabetically by author under topics such as adolescence birth weight and diabetes No index Current Catalog National Library of Medicine (U.S.), First multi year cumulation covers six years 1965 70 **National Library of Medicine Current Catalog** National Library of Medicine (U.S.),1991 **Publication Catalog of the U.S. Department of Health and Human Services** ,1981 Annotated Bibliography on Medical Research in the South Pacific ,1975 **Zentralblatt für Gynäkologie** ,1990 *Centralblatt für Gyna kologie* ,1990 *Handbook of Diabetes Nutritional Management* Margaret A. Powers (RD.),1987 Here is solid practical advice with information on classification systems and diagnostic criteria management techniques step by step instructions for glucose testing exchange system guidelines dietary and soluble and insoluble fiber values for foods detailed information on carbohydrate s influence on blood glucose and more Included are tables charts graphs diagrams and practice aids *What to Do when You Can't Afford Health Care* Matthew Lesko,Mary Ann Martello,Andrew Naprawa,1993 Lesko New York Times syndicated columnist and author of Information USA and Getting Yours identifies some 6 000 sources where readers rich or poor can get the best treatment for any health care problem the latest information for free on any health related topic and justice in the health care system without hiring a lawyer Annotation copyright by Book News Inc Portland OR **Handbuch der speziellen pathologischen Anatomie und Histologie** ,1967 **Bibliography of Agriculture** ,1990 **Excerpta Medica** ,1990 **Nutrition Guide for Professionals** Margaret A. Powers (RD.),1988 Abstract This publication is intended to provide guidance concerning diabetes nutrition care The guide emphasizes the need to individualize diabetic meal planning and expands the description of meal planning to include alternatives to the exchange system The exchange system however is the model diabetic diet and receives special attention in this publication Objectives and activities to be used when teaching the use of the exchange lists for meal planning are outlined The complete nutrient composition data base that was used to develop the 1986 Exchange Lists is included **Guidebook for Nutrition Counselors** Virginia Aronson,Barbara Danielson Fitzgerald,Lynn Vincent Hewes,1990 **United States Government Documents on Women, 1800-1990: Social issues** Mary Ellen Huls,1993 Nutrition in Pregnancy and Lactation Bonnie S. Worthington-Roberts,Joyce Vermeersch,Sue Rodwell Williams,1985 Nutrition in Pregnancy and Lactation provides balanced comprehensive coverage of

nutrition needs during and between the times of these unique physiologic events as well as offering extensive practical information on counseling and support for breastfeeding mothers and their infants Diabetes Pasquale Covelli, Pat Covelli, Melvin Wiedman, 1988 *Subject Guide to Books in Print* , 1991

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