



## Injury Report Form

Date \_\_\_\_\_ Time \_\_\_\_\_  
Name \_\_\_\_\_ Age \_\_\_\_\_ Height (cms) \_\_\_\_\_  
Weight (kgs) \_\_\_\_\_ Home Club \_\_\_\_\_  
Venue \_\_\_\_\_

Indicate site of injury using abbreviations for;

- L Laceration
- B Bleeding
- D Dislocation
- F Fracture
- M Muscle injury
- J Joint injury
- H Head injury
- S Spinal injury
- I Internal injury

### Removal from field

Walked \_\_\_\_\_  
Assisted \_\_\_\_\_  
Stretcher \_\_\_\_\_  
Ambulance \_\_\_\_\_  
Completed game \_\_\_\_\_



### Significant Observations

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### Immediate Care

Ice \_\_\_\_\_  
Compression \_\_\_\_\_  
Immobilisation \_\_\_\_\_  
Bleeding controlled \_\_\_\_\_  
Wound dressing \_\_\_\_\_  
Other \_\_\_\_\_

### Advice for Follow Up

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Time off from training or playing \_\_\_\_\_

### EMERGENCY CARE

Ambulance called \_\_\_\_\_ Doctor called \_\_\_\_\_  
Referral if above not called; Hospital \_\_\_\_\_ Doctor \_\_\_\_\_  
Special Comments \_\_\_\_\_  
Sports Trainer signature \_\_\_\_\_ NRL ID No' \_\_\_\_\_  
Report Handed over to (signature) \_\_\_\_\_

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