

BEYOND WORRIES ANXIETY SUPPORT CIRCLE

A weekly meetup designed to provide a safe and nurturing environment for individuals struggling with anxiety.

We offer a monthly membership.

You gain access to our weekly meetups, where you can find solace, guidance, and strength among fellow anxiety warriors.

WHO CAN JOIN US:

- *Individuals dealing with anxiety (Age 18+).
- *Those seeking support for anxiety-related challenges.
 - *Anyone looking for understanding, compassion, and encouragement.
- *Individuals who want to connect with others who share similar struggles.
- *Anyone interested in personal growth, resilience, and self-discovery in the context of anxiety.

Facilitator :
Noreen Choudhri
Clinical Psychologist
RCI Licensed
(Gold Medalist 10+years Exp.)
Wellness Counsellor Infosys
Wellness Coach IOC
Founder Made In Mind
www.madeinmind.org

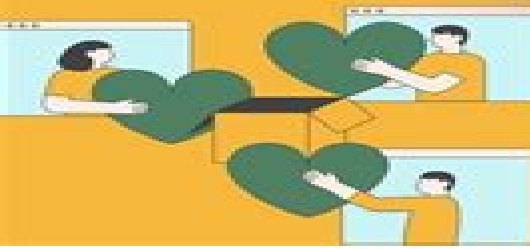


Google Meet | Every Friday 7.30pm – 8.30pm IST

Monthly Membership (4 Sessions)

@ Rs 899/- only

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Psychopharmacology Abstracts ,1977 **A Revised and Enlarged Edition of Clark's New System of Electrical Medication** Daniel Clark,1882 **Recent Advances in Attempts to Improve Medication Adherence - from basic research to clinical practice, volume II** Przemyslaw Kardas,Tamas Agh,Ines Potočnjak,Cristina Mihaela Ghiciuc,Maria Teresa Herdeiro,2024-12-04 This exciting Research Topic is the second volume of Recent Advances in Attempts to Improve Medication Adherence from basic research to clinical practice which you can explore here Adequate implementation of evidence based long term therapies is an issue of utmost importance It has a direct impact on both individual and public health as well as on the sustainability of healthcare systems Unfortunately despite more than half a century of extensive research and practical and awareness raising activities medication adherence remains far from perfect Many reasons are responsible for non adherence and the issue is complicated by the rapid aging of the global society the rising tide of non communicable chronic diseases multimorbidity and associated polypharmacy This might be further exacerbated by certain conditions such as the Covid 19 pandemic However one thing is perfectly clear medication non adherence is no longer merely perceived as a patient problem In fact medication adherence depends on many non patient related factors and thus is an important indicator of the quality of care Therefore instead of blaming patients need to be supported in their therapeutic journeys Thus all the stakeholders need to collectively create adherence enabling environments and support patients in the execution of their therapies Medical Press and Circular ,1873 The Medical circular [afterw.] The London medical press & circular [afterw.] The Medical press & circular ,1870 **American Agriculturist** ,1887 **Principles of Diabetes Management** Michael Bergman,1987 The London Corn Circular ,1899 **Bonfort's Wine and Spirit Circular** ,1882 Canada Lancet ,1890 **Visual and Auditory Reaction Time in Children Vulnerable to Psychopathology** Susan Revelle Phipps-Yonas,1978 **The Medical Times and Register** ,1892 **Japan Times. Weekly Edition** ,1913 The Publishers' Circular and Booksellers' Record ,1911 A Dictionary of the English Language Pronouncing, Etymological, and Explanatory ... James Stormonth,1895 Parliamentary Papers Great Britain. Parliament. House of Commons,1887 **Current Literature** ,1918 **Current Opinion** Edward Jewitt Wheeler, Frank Crane,1918

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