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Self-care tips to boost your mental health



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Steven L. Cohn



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Dementia in Low and Middle Income Countries Christopher Butler, Agustin Ibanez, Mario Alfredo Parra, Huali Wang, Kit Yee Chan, Rufus Olusola Akinyemi, Tala Al-Rousan, Suvarna Alladi, Kirsten Bobrow, Stefania Ilinca, Elissaios Karageorgiou, Ophir Keret, Maira Okada de Oliveira, Geeske Peeters, 2022-06-27 **Peterson's Guide to Graduate and Professional Programs, an Overview**, 1993 **Inclusion Revolution** Daisy Auger-Domínguez, 2022-03-15 A leading diversity executive offers step by step guidance for confronting racial bias in the workplace We are in the midst of a global reckoning on race and corporations are on high alert But conventional approaches have fallen short leaving nagging questions about next steps Why do diversity trainings fail What s so wrong with a company s colorblind workplace culture In

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before undergoing surgical procedures The book provides validated risk assessment tools and mitigation strategies for frequently encountered comorbidities Emphasizing risk factors and filled with clinical pearls for postoperative complications this thorough expertly written updated resource covers perioperative medication management cardiac pulmonary and frailty risk indices with modification strategies diabetes management using target specific anticoagulants and complex perioperative cases Features NEW chapters on cardiac biomarkers postoperative nausea and vomiting and postoperative urinary retention Reflects the most current guidelines and recommendations from the European Society of Cardiology and the American College of Cardiology American Heart Association Highlights the most impactful references for each topical area Tables throughout convey massive amounts of information for quick access Provides need to know evidence based information that can immediately be applied in clinical practice Key takeaways on preoperative evaluation testing anesthesia and medication management

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